



**janssen·fritsen**  
Gymnastics

## DYNAMICS AND IMPULSES FOR GYMNASTICS

The potential of creative development and performance improvement in gymnastics depends directly on the technical progress in the construction of gymnastic apparatus. Here the names Janssen-Fritsen and Reuther rank among the authoritative pulse generators. They are the founders of the initial tension at gymnastic apparatus as a constructive element ensuring the motion sequence of the gymnasts and their safety.

All over the world people nowadays do gymnastics on Janssen-Fritsen apparatus that has been developed originally by Reuther. The wide area of application ranges from the equipment for international competitions up to sports clubs and schools. The Janssen-Fritsen collection contains the competition sports such as artistic gymnastics, rhythmic gymnastics, acrobatics, tumbling and aerobic gymnastics as well as Janssen-Fritsen 'Just for Kids' to build versatile exercise areas suitable for children.

The company is considered to be a specialist in equipping training centres and supporting the responsible persons with its great experience from planning up to realisation.














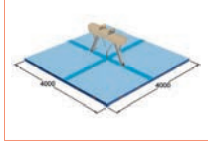



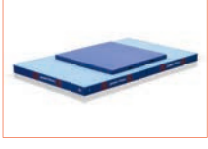









Are you interested? Please contact us. We will be happy to advise you!



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It is the strategy of Janssen-Fritsen to continuously develop and improve our products. We therefore reserve the right to change specifications, models and our product range without prior notice. Although this catalogue has been prepared with the utmost care, we cannot assume any responsibility for any possible faults or wrong information. The publication of this catalogue makes all previous catalogues null and void. Copyright Janssen-Fritsen.

	New products ..... <b>4</b>		Rings ..... <b>26</b>		Methodical equipment ..... <b>44</b>		Trampoline ..... <b>56</b>
	Vault ..... <b>6</b>		Parallel bars ..... <b>30</b>		Landing pits ..... <b>46</b>		Just For kids ..... <b>58</b>
	Springboards ..... <b>10</b>		Horizontal bar ..... <b>34</b>		Tumbling ..... <b>48</b>		Technical advice ..... <b>60</b>
	Uneven bars ..... <b>12</b>		Mat sets ..... <b>38</b>		Air products ..... <b>50</b>		Training halls ..... <b>61</b>
	Balance beam ..... <b>16</b>		Mats ..... <b>40</b>		Rhythmic gymnastics ..... <b>53</b>		Competition podium ..... <b>62</b>
	Floor ..... <b>20</b>		Competition accessories ..... <b>42</b>		Acrobatic gymnastics ..... <b>54</b>		References ..... <b>63</b>
	Pommel horse ..... <b>22</b>		FIG specifications ..... <b>43</b>		Aerobic gymnastics ..... <b>55</b>		





## IMPULS AIRMATS

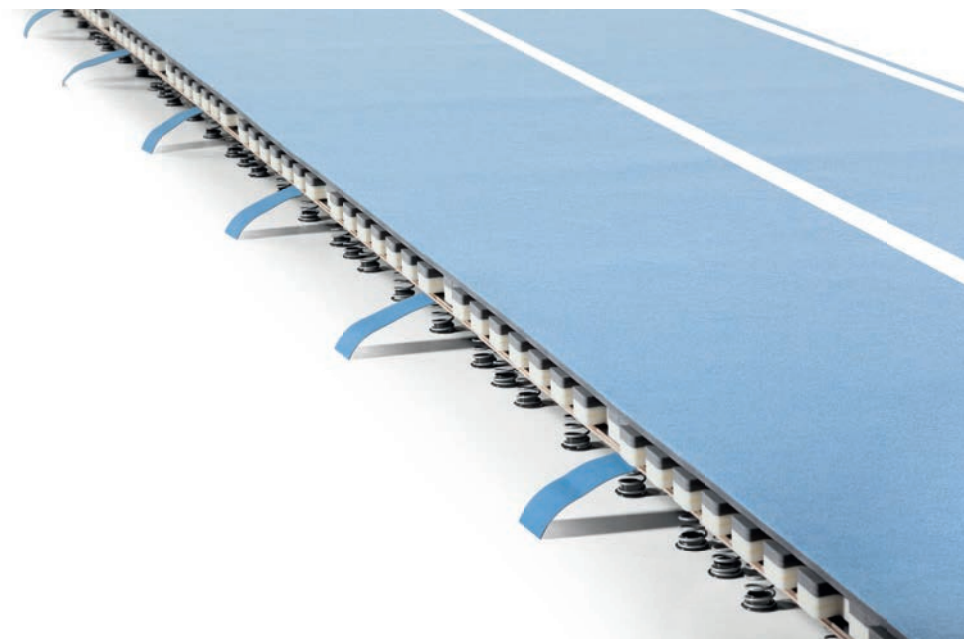
With the new Air Products a lot of methodical exercises can be repeated more often, more comfortable and with extra impulse.

This product range consists of 6 different Air Mats:

- Airmat 'Impulse floor': teaching aid (e.g. balance beam) and provides greater comfort for floor exercises. Available in a 2 m and 4 m version.
- Airmat 'Impulse Square': for training jumps and floor exercises
- Airmat 'Impulse board': more comfortable training and gives greater rebound for young and lighter gymnasts
- Airmat 'Impulse Cylinder': for learning various acrobatic exercises
- Airmat 'Impulse Incline': comfortable training for jumps, floor exercises, uneven bars and parallel bar

For more information see page 51-52





### TUMBLING TRACK 'ANTWERP'

**REF. 1790760** 18 m

Tumbling track 'Antwerp'-15 elements

With new spring technology and excellent dynamics

If you don't have enough budget or space for a complete floor, we have developed a special tumbling strip with exactly the same characteristics as our well known top competition FIG free exercise floor Apollo Antwerp. This floor is available in 3 standard lengths of 12, 14 and 18 meter, but can of course be adjusted to your specific requests.



## VAULTING TABLE 'NEW PEGASES'

REF. 1407304

FIG certified ORIGINAL REUTHER.

- Simple height adjustment 95 until 135 cm
- Including transport trolley
- Used at the World Championships Antwerp 2013
- For training and competition use
- Perfectly adaptable to all floor surfaces



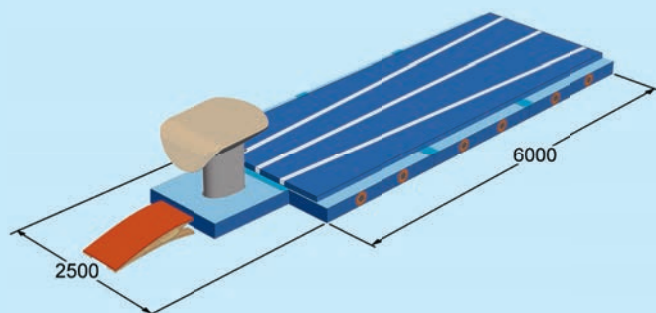
## OPTIONAL



## TRANSPORT SYSTEM

REF. 2203349

- For Vaulting Table 'Pegases'.
- With non-marking plastic rolls.



## VAULTING RUNWAY COMPETITION

### REF. 1407135

FIG approved and with non-slip springboard support

- 25 metres long
- 1 metre wide, 25 mm thick
- With non-slip section for springboard
- Built up of shock absorbent foam
- Top side is blue needle felt

## RONDAT MAT

### REF. 1595320

Safety zone for competition springboard

- Mandatory for competitions
- Full cover all round
- Board can be placed very close to Pegases
- With reinforced bisonyl cover
- High density foam

## HAND SAFETY MAT

### REF. 1540110

Soft mat for vault launch with hands

- Allowed for competitions
- Recommended for round-off vaults
- Also for methodic training
- Washable material
- 120x100x3 cm

## SOFT MAT 600X200X10 CM WITH DIVERG. DEMARCATION LINES, BLUE

### REF. 1540160

- Soft mat with lines for vault 600x200x10 cm
- Compulsory for competitions
- Allows more frequent training
- Extends the working life of your landing mats
- With sturdy quality zippers
- Made from washable, skin-friendly JF Bisonyl

## SET LANDING MATS 'ROTTERDAM' VAULT

### REF. 1565801

- Competition set, Vault, 600x250x20 cm
- FIG certified, blue
- With reinforced edging and needle felt
- With handy-grips
- Homogenous landing surface
- 4-sided coupling

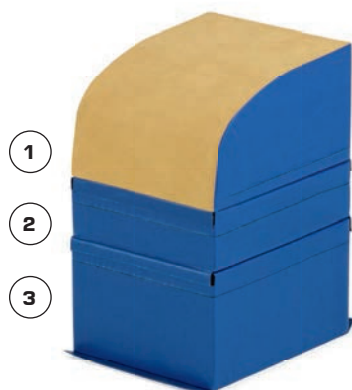
## VAULTING RUNWAY 'CLUB'

### REF. 3900286

Training runway 65 cm wide

- Same composition as the competition track
- Takes up little space
- Anti-slip underside





## FOAM VAULTING TABLE

**REF. 1407164**

- 3-piece foam vault for vault training
- Launch surface made from non-slip artificial leather
- Floor size 90x75 cm
- With Velcro connector
- Possible heights 50, 75, 100, 125 cm

## ADDITIONAL FOAM BLOCK

**REF. 4172705**

Additional foam block 90x75x40 cm, to make more height variations.

- Sturdy heightener
- Raises Foam vaulting table in height
- Number of heights possible
- More variation possible



## PEGASES TEAM GYM

**REF. 1407314**

Same as the Competition Vaulting Table but with height adjustment suitable for TeamGym

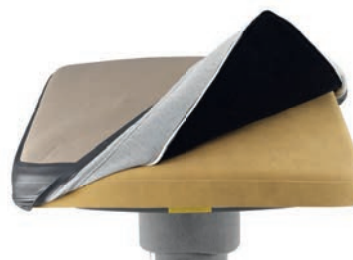
- Height adjustable from 125-165 cm
- Simple height adjustment
- Including transport trolley



## TRAMPOLINE TEAM GYM

**REF. 1411050**

- A springboard trampoline for top-level sport, high-performance acrobatics, show groups
- Shock absorbing and stable frame pads
- Particularly high stability and durability
- Extraordinary performance
- Jumping bed (60 x 60 cm) made of 6 mm wide nylon strands
- Adjustable in height 23,7 – 28.5 cm
- 36 steel springs (length 185 mm, Ø 32 mm) galvanized



## SOFT TRAINING COVER NEW 'PEGASES'

**REF. 1407120**

Soft protective cover to relieve joints

- Protects Pegases from wear
- Increases absorption
- Simple to fit and to remove
- Allows more repetition
- Extends the working life of your apparatus



## VAULTING TABLE 'PEGASES JUNIOR'

**REF. 1407198**

Learning to jump without fear

- Ergonomic and larger contact surface for greater confidence
- Shock-absorbing active foam spring-action
- Supple, easy adjustment
- Sturdy hard-wearing rubber feet
- Fine adjustment and castors included

## PEGASES 'CLUB'

REF. 1407174

- Training vault with height adjustment
- Easy to move, integrated wheels
- Height adjustment using gas spring from 90 until 135 cm
- Also for school use



**NEW**

## VAULTING TABLE ERGOJET

REF. 1407210

**FIG certified ORIGINAL REUTHER.**

- Simple height adjustment with gas springs 100 until 140 cm
- Improved resilience
- Vaulting Table Olympic Games Rio de Janeiro 2016
- Optimized stability at the middle and the back of the surface
- Transport system included



FOR COMPETITION  
LANDING MATS  
SEE PAGE 38-39.  
FOR FIG-NORMS SEE  
PAGE 43

For more information please  
contact us.



HARD



### SPRINGBOARD KREON 'GOLD'

**REF. 1411714**

- Forward vaults for fast/heavy gymnasts
- Top gymnasts
- For 50-100 kg
- FIG certified 'Hard', 8 springs

SOFT



### SPRINGBOARD IRIS 'SILVER'

**REF. 1411704**

- Women's vaulting and men's backwards vaulting
- Experienced vaulters
- For 40-75 kg
- FIG certified 'Soft', 5 springs

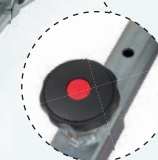


### TRAMPOLINE SPRINGBOARD

**REF. 1411331**

The equipment to learn vaulting on a springboard

- Spring board with springs and jumping bed similar to mini-trampoline
- Main goal is to make the transition from mini trampoline to competition springboard an easier one
- Can be used as a springboard
- Max 60 kg







### SPRINGBOARD MINI

**REF. 1411754**

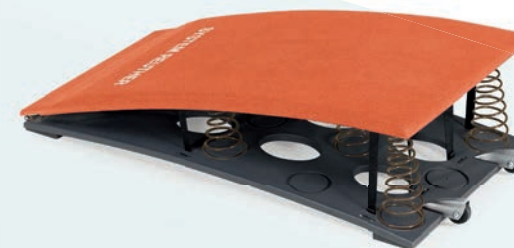
- Age 4 - 8 years
- No vaulting experience
- Up to 40 kg



### WM SPRINGBOARD 'JUNIOR'

**REF. 1411758**

- Age 6 - 12 years
- Basic vaulting experience
- Up to 40 kg
- With adapted top
- Designed specially for schools and clubs for juniors



### SPRINGBOARD FUGA

**REF. 1411784**

Raised springboard for greater rebound

- Methodic learning boards
- Ergonomic shape for learning correct vaulting stance
- Extra bounce at a lower initial vaulting force
- Lower impact on joints
- More basic height for more confidence
- Up to 60 kg



### SPRINGBOARD UPHOLSTERED

**REF. 1411764**

- Age 10 - 14 years
- Limited vaulting experience
- Up to 80 kg
- Covered Reuther basic board



### SPRINGBOARD 'STRASBOURG'

**REF. 1411768**

- Age 10 - 14 years
- For more experienced vaulters
- Up to 80 kg
- Extra rebound Reuther springboard
- Further development of the springboard 1411764
- Higher rebound effect



### SPRINGBOARD 'BUDAPEST'

**REF. 1411774**

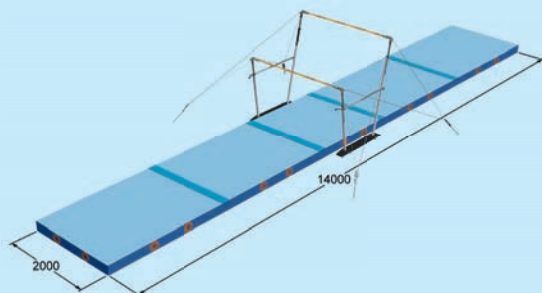
- Primary and secondary schools, and gymnastics
- Up to 95 kg
- All-round board with very good properties

## UNEVEN BARS 'MEXICO' TOP COMPETITION

**REF. 1383104**

**FIG certified**

- Double tensioning with tensioning sliders
- High upright 230 to 280 cm
- Low upright 150 to 200 cm
- Width diagonal 110 to 185 cm
- Competition marking on width adjuster
- Castors included





### RAIL

**REF. 2202200**

Spare rail for FIG competition uneven bars

- Fibreglass bar with beech veneer
- With casted end tips



### UNEVEN BARS SAFETY PADDING

**REF. 1566014** per piece

Protection for the standards of FIG uneven bars

- FIG-approved padding
- Preshaped foam
- Soft felt exterior layer
- Easily fitted
- 4 pieces required per set of uneven bars



### GYMBLOCK

**REF. 1540188**

Medium gym block with durable lightweight filling 75x45x60 cm

- Washable Bisionyl
- Easy to move around
- Useful as step-up block
- Can be used as a trainer platform
- Can be used in 3 positions
- Mandatory in competitions

### HEIGHT ADJUSTMENT BLOCK 10 CM

**REF. 1383199** per piece

- To raise the competition Uneven Bars by 10 cm when necessary
- Per piece, 2 pieces required for 1 Uneven bar
- Size 120x18x10 cm
- Mandatory at FIG competitions

FOR COMPETITION  
LANDING MATS  
SEE PAGE 38-39.  
FOR FIG-NORMS SEE  
PAGE 43

For more information please  
contact us.







### FREESTANDING UNEVEN BARS 'CLUB'

**REF. 1383124**

Uneven bars stand-alone for training. Width from 130 to 205 cm.

- Stand-alone without tensioning
- Quickly adjustable
- Smoothly adjustable width, per 5 cm
- With built-in transportsystem
- Can also be used with tensioning cables (optional)
- Can be used with one men's horizontal bar (4140705)

### TENSION SYSTEM FOR UNEVEN BARS 'CLUB'

**REF. 2203314**

Tension system for uneven bars 'Club'



### FRAME MAT

**REF. 2240866**

Blue landing mat for uneven bars 'Club' stand-alone, 20 cm thick

- Uneven bars can be moved with mat
- Mat can be coupled to standard competition mats
- With Velcro on the long sides
- Fits over the cross beams of the uneven bars stand-alone
- Also available 30 cm thick (1383121)



### PROTECTION ROLL

**REF. 1383070**

Soft protection roll for uneven bars' rail. Fixation by means of velcro. Diameter 8 cm, length 70 cm.

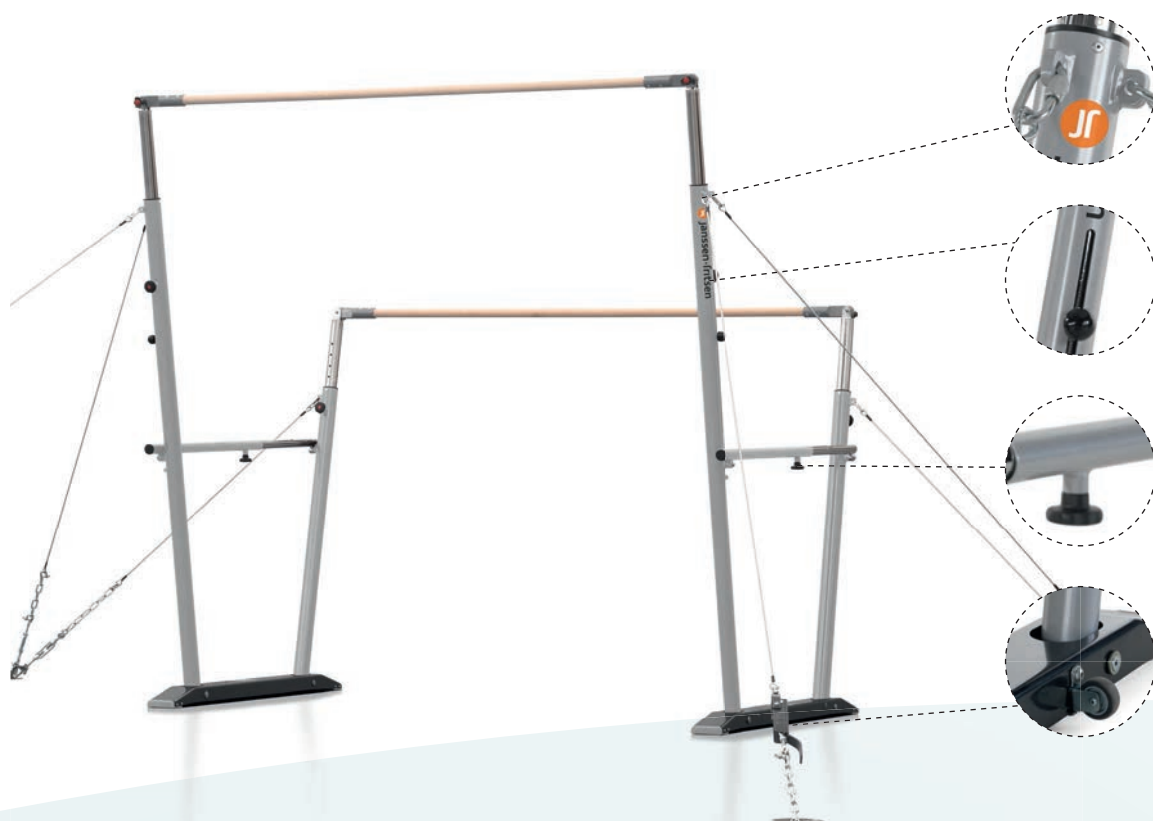


### PROTECTION PAD

**REF. 1760303**

- U-shaped with HD foam
- Washable bisonyl
- Hand grip and Velcro fastening
- Quick to fit
- Length 140 cm





### UNEVEN BARS 'CLUB'

**REF. 1383128**

Uneven bars training with tensioning, without intermediate bars under the rail

- Rails with quick-lock fittings for rapid replacement
- Height adjustable at chest height
- Easy to operate spring-assisted sliding tubes
- Ideal above landing pit
- The rails can be replaced by a special rail for a horizontal bar. (ref. 4140705)
- Castors included



### DOUBLE REBOUNDER 'JUST FOR KIDS'

**REF. 1403414**

- 1 bar and two rebound elastic cords
- Methodic equipment for boys and girls
- Handstand, posture
- High frequency, low impact
- Mat can be ordered separately (1403464)

### COACHING PLATFORM 'CLUB'

**REF. 1490370**

For uneven bars and horizontal bar

- Is not attached to the equipment and does not influence its characteristics
- Folds up automatically out of the way
- Platform adjustable in height with non-slip surface
- Sturdy floor anchoring and also for use above a landing pit
- Size board 140x50 cm



## BALANCE BEAM 'LAUSANNE' TOP COMPETITION

**REF. 1414204**

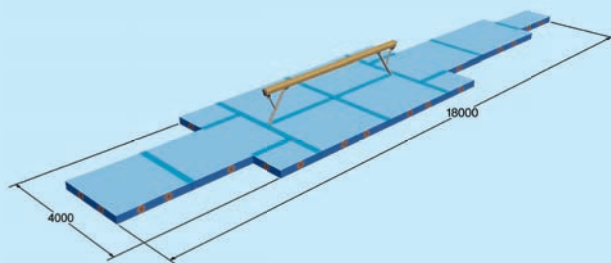
**FIG certified**

FIG certified competition balance beam

- Aluminium beam with hygroscopic top layer
- Double shock absorption
- Soft end caps
- Length 500 cm width 10 cm
- Height adjustment from 75 to 125 cm
- Padding optional, to be ordered separately (1566074)

The Balance Beam is one of the most difficult gymnastics apparatuses in women's artistic gymnastics requiring great concentration and the highest training frequency. Therefore, along with the competition Balance Beam Janssen-Fritsen has developed a number of training Balance Beams with an extra soft top upholstery aimed to reduce the peak forces during dismounts and landings. As a result a training frequency with reduced impact on the joints can be achieved.

The Balance Beams from our 'Club' series, featuring a simple height adjustment by means of a nitrogen gas loaded spring and a soft top upholstery, are the ideal training apparatus available both in competition width of 10 cm and in special width of 20 cm for basic training purposes.







### BALANCE BEAM LEG PADDING

**REF. 1566074**

Padding for competition beam, per leg

- FIG approved padding
- Preshaped foam
- Soft felt exterior layer
- Easily fitted



### TRANSPORT TROLLEY

**REF. 1522084** Per piece

For balance beams, pommel horse etc.

- Can be used for multiple apparatuses
- Non-marking double ball-bearing swivel wheels
- Impact-resistant epoxy varnish
- No sharp edges

*FOR COMPETITION  
LANDING MATS  
SEE PAGE 38-39.  
FOR FIG-NORMS SEE  
PAGE 43*

For more information please  
contact us.



### BALANCE BEAM 'SOFT TOP' 'CLUB'

**REF. 1414034**

Soft training balance beam with easily adjustable legs

- Comfortable soft top
- Simple to adjust in height
- Feet remain in position upon height adjustment
- Mats can be left safely in place at any height
- Height adjustment from 50 to 130 cm
- 10 cm wide

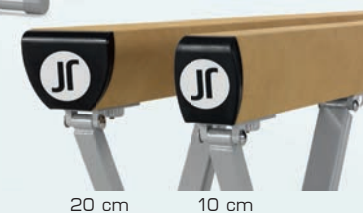


### BALANCE BEAM 'WIDE' 'CLUB'

**REF. 1414114**

Soft 20 cm wide training beam

- Soft training balance beam with easily adjustable legs
- 20 centimetres instead of 10 cm wide
- Simple to adjust in height from 50 to 130 cm
- Feet remain in position upon height adjustment



### BALANCE BEAM LEG PADDING 'CLUB'

**REF. 1566068**

Padding for Club balance beam, per leg

- Easily fitted
- Preshaped foam
- Soft felt exterior layer





## TRAINING BEAMS

**REF. 1414078** 300 cm wide 10 cm

**REF. 1414044** 500 cm wide 10 cm

**REF. 1414118** 500 cm wide 20 cm

- Comfortable soft top
- On low feet
- For use anywhere in the gym
- Learning to balance on a real beam
- Length 500 cm



## SURFACE ENLARGEMENT

**REF. 1414100** length 200 cm

**REF. 1414105** length 300 cm

Doubles the width of the beam

- Pre-shaped for a perfect fit
- Easy to attach
- For safer landing
- Allows more repetitions
- For practising new elements

## BALANCE BEAM 3 M FOR TRAINING, MADE OF FOAM

**REF. 1540310**

- Foam balance beam with white marking in the middle of working area
- Length 300 cm, width of the working area 15 cm, width of the base 25 cm, height 8 cm
- Velcro band on downpart for fixation onto landing mats
- With velcro adaption at the ends to attach further balance beams



## ROLLABLE BALANCE BEAM

**REF. 1495297**

Foam practice beam 500x10x2.5 cm

- Ideal for practising at home
- Both length and width are identical to those of a competition beam
- Easy to store
- Elastic surface
- Safe practising



## BEAM PROTECTION PAD

**REF. 1414090** Soft cushioning 100 cm

**REF. 1414091** Soft cushioning 200 cm

- Sturdy cover
- Soft yet stable filling
- Fits all balancing beams
- Reduces the peak loads



## FREE EXERCISE FLOOR 'ANTWERP'

**REF. 1790750**

**FIG certified**

- New spring system for an optimal rebound
- High performance base increases comfort
- High quality foam layer for a fast response
- With the unique "Springs & Security System"
- Optimal shock absorption to prevent injuries
- Increased safety
- Less stress on gymnasts' body, even when practising daily
- Also available in other dimensions
- Perfectly connectable with our club floor



**Dynamics:**

- A new spring system guarantees an optimal rebound
- The high performance base of 12x12 m offers increased comfort
- A high quality foam layer for a fast response

**Security:**

- High quality finished water resistant coated plywood (FSC)
- Resilient coupling strips, improved tongue and groove system, together with a system of 24 tension straps to lock the sections
- An intermediate layer of high quality foam provides progressive absorption qualities and guarantees the best comfort at landings
- Height 20 cm for a perfect integration in training halls
- Perfectly suitable for all ages and levels
- A new product with exceptional rebound characteristics on the entire surface that allows all gymnasts to always find optimal conditions

**Technical details:**

**Dimensions:**

- 14x14 m, dynamic surface
- Competition area 12x12 m
- Height 20 cm
- Comes semi-assembled



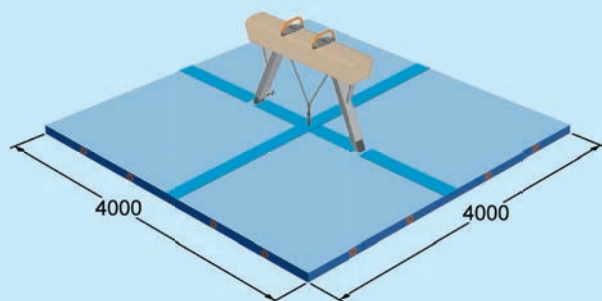
FOR MORE  
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INFO SHEETS.

POMMEL HORSE 'MADRID'  
TOP COMPETITION

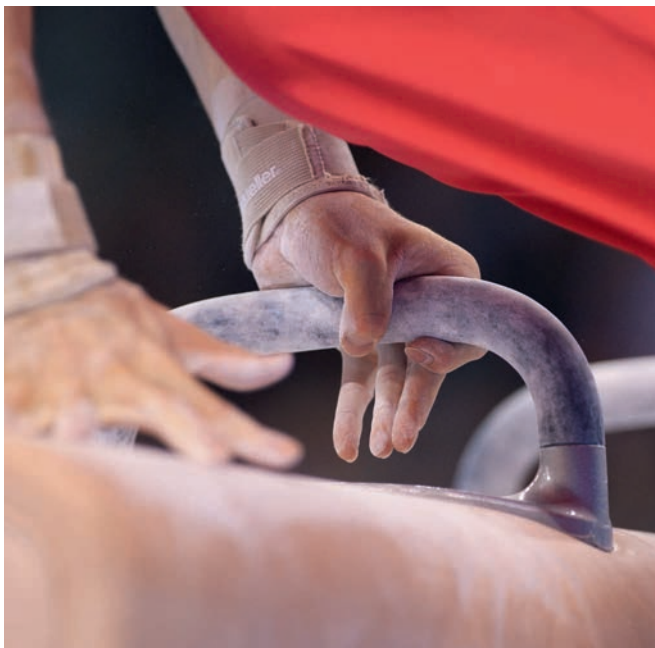
**REF. 1406104**

**FIG certified**

- Extremely stable
- Top quality leather upholstery
- Hygroscopic pommels
- With castors
- Used during the Olympic Games
- Easy to adjust
- Padding optional, to be ordered separately (1566064)







## SAFETY PADDING

**REF. 1566064**

For the competition pommel horse 1406104.  
Per set, 1 set is needed for one competition pommel horse.



## POMMEL

**REF. 2200525** per piece

Aluminium pommel with hygroscopic cover

- Covered with hygroscopic anti-slip rubber compound
- Less magnesium required
- Extremely good grip



FOR COMPETITION  
LANDING MATS  
SEE PAGE 38-39.  
FOR FIG-NORMS SEE  
PAGE 43

For more information please  
contact us.



## JUNIOR POMMEL HORSE

**REF. 1407068**

90% of the standard dimensions of a pommel horse

- Intermediate step between mushroom and pommel horse
- For boys up to 14 years
- Pommels also 90%
- Prevents faulty posture
- 100% leather
- Perfectly adjustable to all floor surfaces



## POMMEL TRUNK

**REF. 1407070**

Low level competition pommel horse

- Body identical to competition pommel horse
- Pommels identical to competition pommel horse
- Feet will not damage the floor
- Real leather guarantees a long life
- Pommels simple to remove



## POMMEL BENCH

**REF. 1403304**

For methodical learning of pommel horse exercises

- Width 45 cm to relieve the shoulders
- Slanting position for flanks
- For simple progression from mushroom to horse
- Length ideal for Magyars
- Supplied without pommels



## POMMEL BOARD

**REF. 1407080**

For learning double leg circles

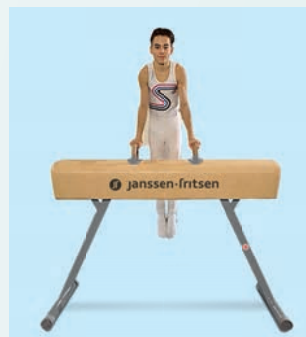
- For use anywhere in the gym
- For training close to the floor
- 2 rubber pommels included.



## ADULT POMMEL HORSE (100%)



## JUNIOR POMMEL HORSE (90%)



## THE PROBLEM

The dimensions of the "adult" pommel horse present the young gymnasts with technical problems leading them to unnatural positions. This causes incorrect stresses and injuries.

## THE SOLUTION

The dimensions of the Janssen-Fritsen pommel horse are designed for the physique of young gymnasts. This enables them to do their exercises under almost the same conditions as the adult gymnasts. Training results reveal much faster progress than ever considered possible before. Thanks to well-balanced stresses, young gymnasts can acquire the right technique faster and without the risk of injuries.

## MUSHROOM

**REF. 1395014**

Mushroom ø 60 cm without pommel

- Maximum grip
- Seamless
- Ergonomic shape
- 48 cm high
- Without centre hole



## MUSHROOM

**REF. 1395018**

Mushroom ø 60 cm with pommel

- With synthetic pommel
- Maximum grip
- Ergonomic shape
- 48 cm high
- Promotes correct leg position



## MUSHROOM

**REF. 1395024**

Mushroom ø 100 cm without pommel

- Maximum grip
- Seamless
- Ergonomic shape
- 48 cm high
- Promotes correct leg position



## POMMEL TRAINING AID

**REF. 1403314**

For a smooth transition from mushroom to horse.

- Body covered in leather
- Competition pommels
- Large rubber-covered base for optimum stability
- Does not require extra rubber edging, no floor damage
- Prescribed KNGU and GymFed training material



## POMMEL PAD

**REF. 1407071** per piece

Practice pads for use on the pommel bench or horse

- Ergonomically shaped
- Simple to attach firmly
- For protecting the wrists



## POMMEL

**REF. 2103145** per piece

- Made of plywood
- For reference 1407068



## POMMEL

**REF. 2200525** Competition pommel

- For references 1406104, 1403314, 1407070

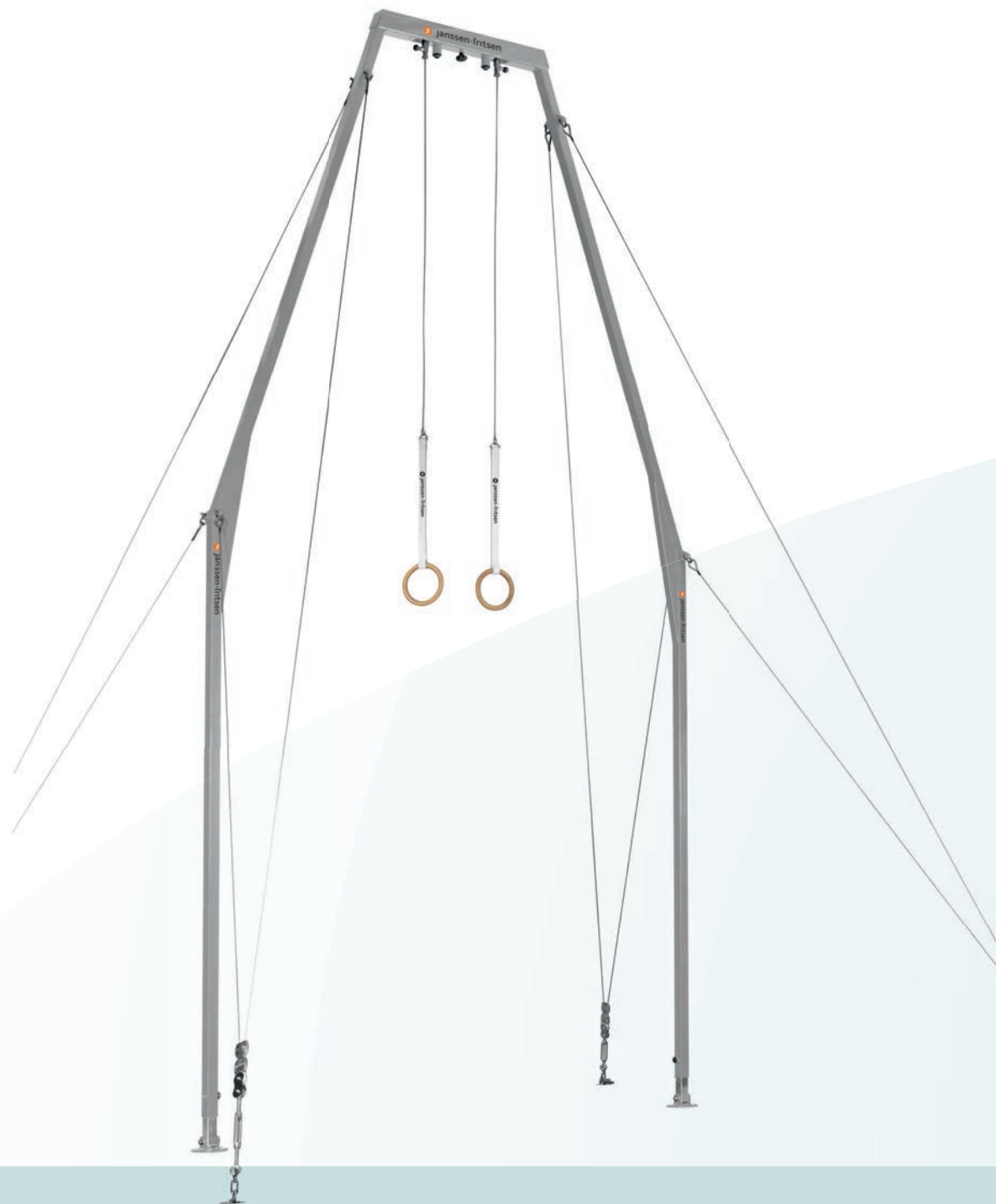
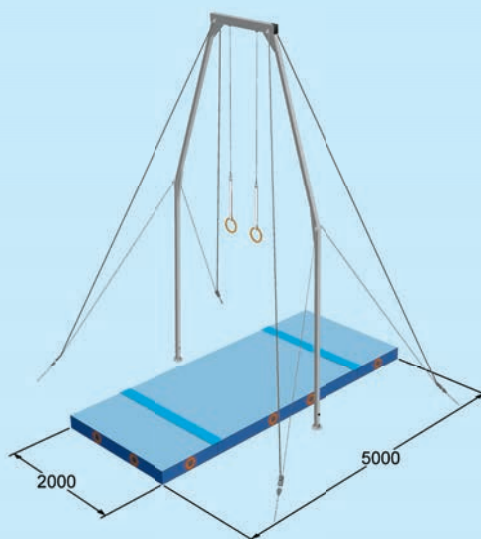
**REF. 2203100** Same as competition pommel but adjusted to fit references 1403304, 1395018, 1407080

## RING FRAME 'ATLAS'

**REF. 1384034**

**FIG certified**

- Competition ring frame with tensioners
- Unique shock absorption system
  - Unparalleled stable frame
  - Double pulley tensioning with tensioning sliders
  - Tough laminated wooden rings
  - Height adjustable from 275 to 305 cm





## QUALITY REFERENCE

Adjustable suspension by integrated cushioning module allowing individual setting of cushioning degree.

## RING/STRAP/CABLE

**REF. 4144541** per piece

Replacement for competition ring frame 1384034.

## HOOK

**REF. 1760308**

Aluminium hook with clips, to fix the hook on the wall or on the ring frame. Length 190 cm.

## SAFETY PADDING

**REF. 1566044** per piece

For the competition ring frame 1384034.

Per piece, 2 pieces are needed for one competition ring frame.



## GYMBLOCK

**REF. 1540188**

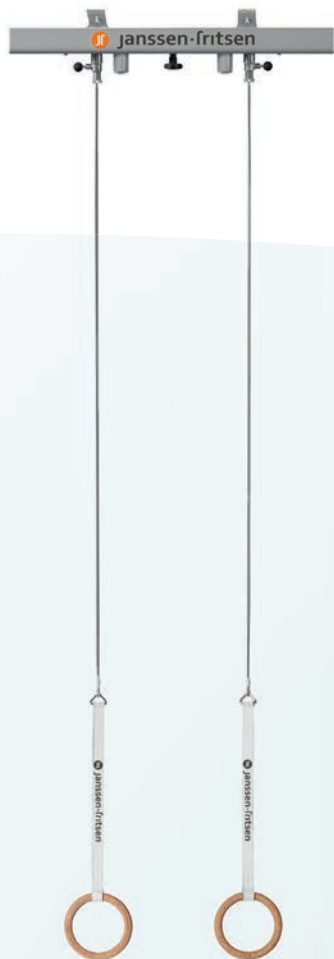
Medium gym block with durable lightweight filling 75x45x60 cm

- Washable Bisonsyl
- Easy to move around
- Useful as step-up block
- Can be used as a trainer platform
- Can be used in 3 positions

FOR COMPETITION  
LANDING MATS  
SEE PAGE 38-39.  
FOR FIG-NORMS SEE  
PAGE 43

For more information please  
contact us.





### CEILING RING SYSTEM 'ATLAS'

**REF. 1384054**

A competition ring set with shock absorber

- No tensioning cables in your gym
- Shock absorption and bounce of a competition ring set
- Ideal for training halls

Attention: details of ceiling height and roof structure are required to determine the right type of fixation and the length of the inox cables.



### TRAINER CONSOLE RINGS

**REF. 1490372**

- Is not attached to the equipment and does not influence the characteristics
- The platform automatically tips up because of the nitrogen gas loaded springs
- Platform adjustable in height with non-slip surface
- For use with rings or over landing pits
- Console must be bolted on the floor
- Height adjustable 137-197 cm





## FIFTY-FIFTY EQUIPMENT

**REF. 1403250**

Pulley set with cord and rings

- For use with set of somersault belts (see page 47)
- Helps the learning of ring positions more quickly
- Makes training assistance simple
- Ideal for methodic training

## POWER BENCH

**REF. 1403248**

Freestanding bench with rings and trolley

- Strength development for shoulders
- Also for chest and back muscles
- Preparation for cross and hang
- Height adjustable
- Safe trolley with bearings



## WALL BARS SUPPORT

**REF. 1403234**

Foldable support to supplement wall bars exercises

- Fits every type of wall bars
- Suitable for pull-up exercises
- For use with set of rings
- Easy to store away
- Ideal for methodic training



## CEILING RINGS

**REF. 1282300**

With swivel rings for attachment to the ceiling

- Non-twist cable suspension
- The solution for methodic rings
- For direct attachment to the ceiling
- Various lengths available on request

## PARALLEL BARS 'PALLAS'

REF. 1403104

FIG certified

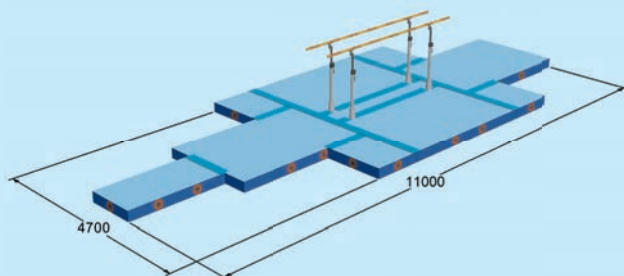
- Stable in all directions
- Metal head and gooseneck
- One-handed height and width adjustment
- Shock absorbent bars
- Used during the Olympic Games in Beijing
- Padding optional



### Parallel bars have always been the pride of our brand

Richard Reuther developed the bars with 3 fibreglass inserts and initial tension. Due to initial tension the bars are provided with optimal resilience thus supporting the swings of a gymnast.

The Reuther knee with axial and horizontal support ensures the equal elasticity of bars regardless of the width set. In combination with the improved base frame and steel clamping lock the Reuther parallel bars feature great stability and extreme elasticity.





## RAIL

REF. 2202555 per pair

Replacement bars for competition parallel bars

- Pre-drilled bars
- Pre-tensioned 3 fibreglass cores
- Can only be replaced per pair
- Make your parallel bars new again
- Please always contact us in advance



## PARALLEL BARS SAFETY PADDING

REF. 1566024 per piece

Competition padding for the uprights

- Easily fitted
- 4 pieces required per set of parallel bars



## TRANSPORT SYSTEM

REF. 1404015

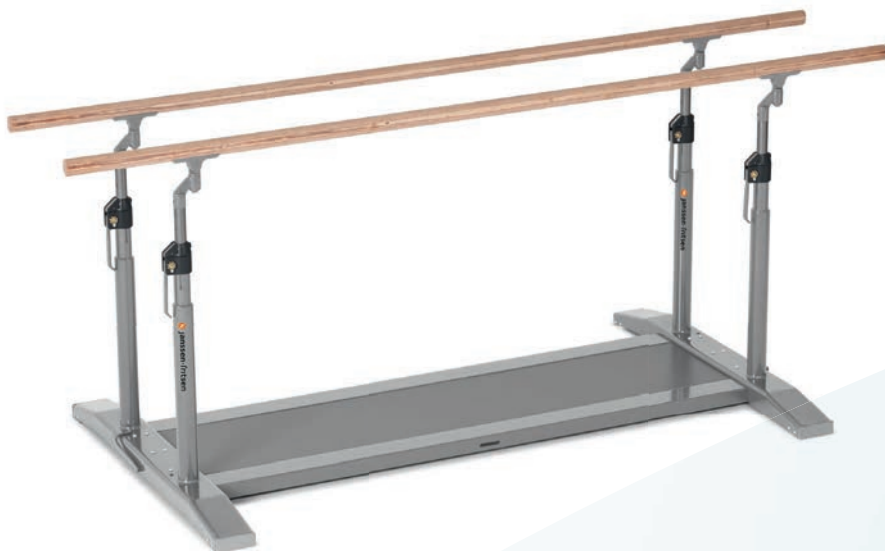
For transport of all JF parallel bars

- Safe movement without castors being required
- 1 trolley for all parallel bars
- Width easily adjustable

FOR COMPETITION  
LANDING MATS  
SEE PAGE 38-39.  
FOR FIG-NORMS SEE  
PAGE 43

For more information please  
contact us.





### JUNIOR PARALLEL BARS

- REF. 1401160** with castors and closed base  
**REF. 1401161** with castors, without base  
**REF. 1401162** without castors, without base

- Specially for schools and gyms
- Height from 105 to 165 cm
- Width also for young children
- Extremely stable attachment of the bars
- Bars fitted pre-tensioned

### FRAME MAT

- REF. 2240850**
- For use instead of base
  - Only for 1401161 and 1401162



### POWER AND COORDINATION TRAINER

**REF. 1403224**

For development of the correct body stance

- For use on the parallel bars
- Stabilises the spine
- Stimulates curved and straight positions
- Promotes strength in shoulders and torso
- With comfortable covering





### TRAINER SUPPORT

**REF. 1540184** Gym Block 90x75x60 cm

**REF. 1540188** Gym Block 75x45x60 cm

- Washable Bisonyl
- Easy to move around
- Useful as step-up block
- Can be used as a trainer platform
- Can be used in 3 positions.

### HIGH PARALLEL BARS

**REF. 1403408**

High parallel bars, 105 cm high, length of bars 250 cm

- Foldable
- Simple to use everywhere
- For methodic training



### HANDSTAND TRAINING AIDS

**REF. 1403150** per pair

Length 40 cm.

**REF. 1403160** per pair

90 cm long.

- Rounded edges
- Essential for handstand practice
- For asymmetric bars and parallel bars
- Simple to use everywhere



### LOW PARALLEL BARS

**REF. 1403404**

Low parallel bars, 40 cm high, length of bars 170 cm

- Foldable
- Simple to use everywhere
- For methodic training

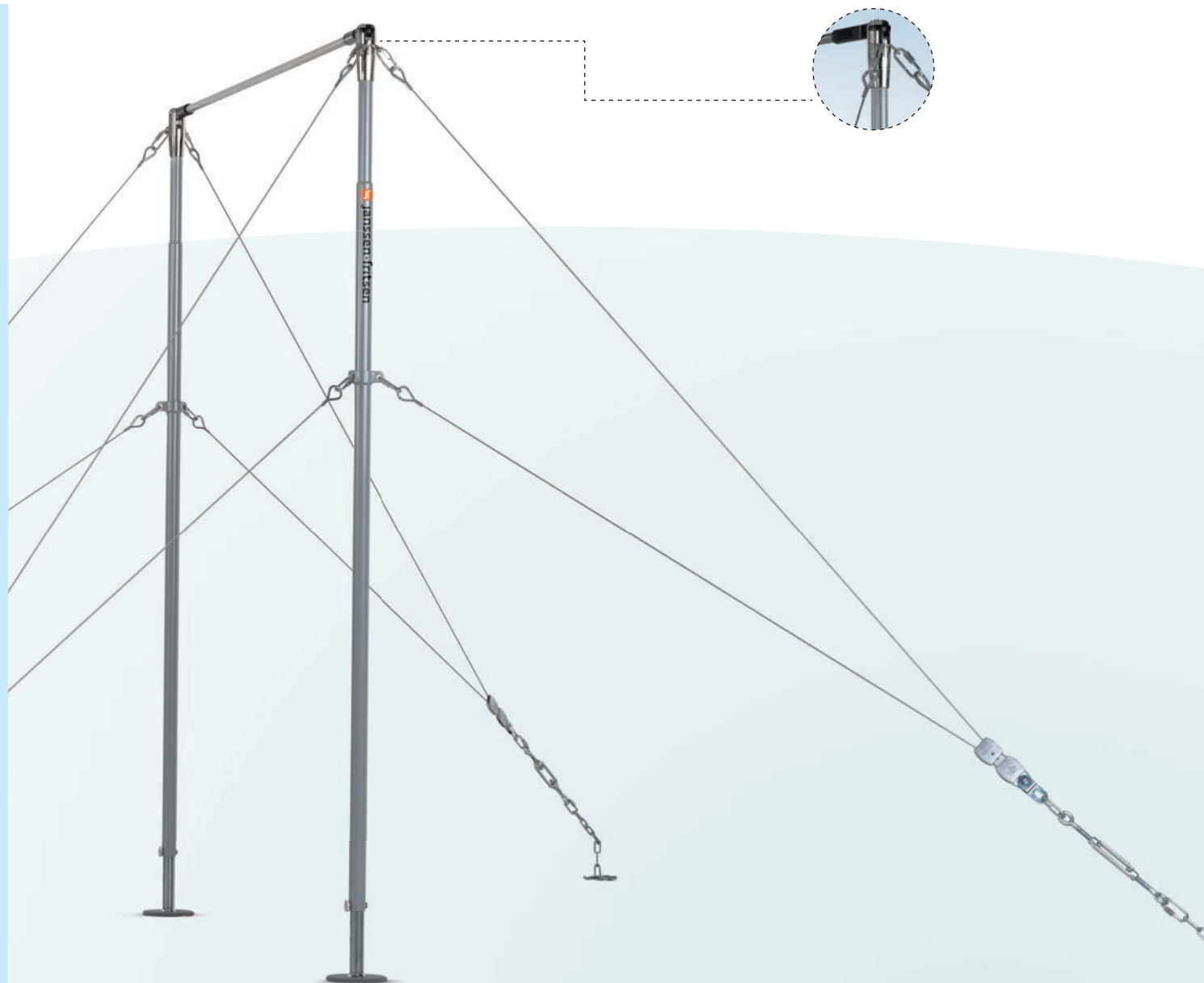
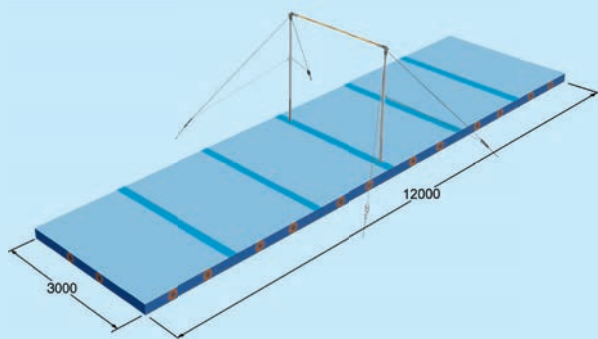


## HORIZONTAL BAR 'MUNICH'

**REF. 1384204**

**FIG certified**

- Good pre-tensioning on the bar
- Short half-time for vibrations
- Predictable reaction on the dismount
- Safe thanks to the steel cable in the bar
- Used during the Olympic Games in Beijing
- Padding optional
- Height adjustable from 260 to 295 cm





### HORIZONTAL BAR SAFETY PADDING

**REF. 1566034** per piece

TO REDUCE THE POSSIBILITY OF BAR BREAKAGE, WE STRONGLY RECOMMEND TO REPLACE RAILS EVERY 3 YEARS.

### SAFETY RAIL

**REF. 4140090**

- Replacement horizontal bar for competition
- To reduce the possibility of bar breakage, we strongly recommend to replace the rail every 3 years
- High quality special stainless steel
- A worldwide unique construction of Janssen-Fritsen features an additionally built-in steel cable allowing the horizontal bar to stay in consistent tension even if the bar itself breaks down



### GYMBLOCK

**REF. 1540188**

Medium gym block with durable lightweight filling 75x45x60 cm

- Washable Bisonyl
- Easy to move around
- Useful as step-up block
- Can be used as a trainer platform
- Can be used in 3 positions



FOR COMPETITION  
LANDING MATS  
SEE PAGE 38-39.  
FOR FIG-NORMS SEE  
PAGE 43

For more information please  
contact us.





## HORIZONTAL BAR 'CLUB'

**REF. 1384094**

Simple to adjust training horizontal bar

- Specially for training
- Very quickly adjustable in height
- Also suitable for one asymmetric bar (2202205)
- Height from 75 to 300 cm
- Also suitable for above a foam pit
- With safety lock
- New system which makes replacement of the bar very easy
- More stability because of new foot fixation
- Special protection of cables

## RAIL

**REF. 4140705**

Replacement horizontal bar for horizontal bar 'Club' and the uneven bars 'Club'

- Can also be used with horizontal bar supports (1384080)
- Replace at least once every 3 years



## FIBERGLASS RAIL FOR HORIZONTAL BAR

**REF. 2202205**

Replacement horizontal bar for horizontal bar 'Club' and the uneven bars 'Club'

- Can also be used with horizontal bar supports (1384080)
- Replace at least once every 3 years

*TO REDUCE THE POSSIBILITY OF BAR BREAKAGE, WE STRONGLY RECOMMEND TO REPLACE RAILS EVERY 3 YEARS.*



## METHODICAL HORIZONTAL BAR

**REF. 1384224** MAG bar

Simple to adjust training horizontal bar

- Takes little space
- Specially for traininghalls - no cables
- Very quickly adjustable in height
- Also suitable for a rail of the horizontal bars
- Can also be used with fiberglas rail 2202205
- Suitable for methodical exercises
- Height 45 to 200 cm adjustable



## HORIZONTAL BAR SUPPORTS

**REF. 1384080**

Pair of supports for horizontal bar or asymmetric bars 40 cm high

- With quick fastener
- Very stable foot
- Full PU cover
- Easy to move around
- For use anywhere in the gym

**REF. 4140705** steel bar for horizontal bar supports

**REF. 2202205** fiberglass rail for horizontal bar supports



## COACHING PLATFORM 'CLUB'

**REF. 1490370**

For uneven bars and horizontal bar

Is not attached to the equipment and does not influence its characteristics

- Folds up automatically out of the way
- Platform adjustable in height with non-slip surface
- Sturdy floor anchoring and also for use above a landing pit
- Height adjustable 137 to 197 cm
- Size board 140x50 cm



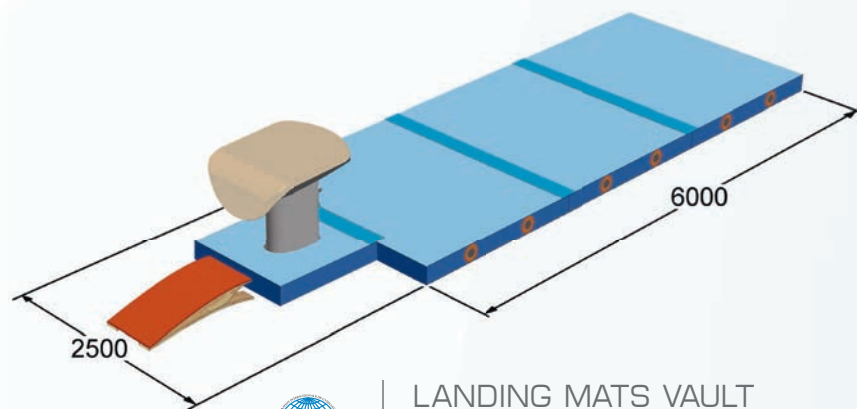
## PROTECTION PAD

**REF. 1760303**

- U-shaped with HD foam
- Washable bisonyl
- Hand grip and velcro fastening
- Quick to fit
- Length 140 cm
- Can also be used on the uneven bar



ALL JOINTS ARE COVERED BY MEANS OF 15 CM WIDE BLUE VELCRO STRIPS.



### LANDING MATS VAULT

**FIG certified**

**REF. 1565801**

Set landing mats 'Rotterdam' vault

**REF. 1540160** mat 600x200x10 cm with marking for vault landing zone

- Mandatory for competition



### LANDING MATS UNEVEN BARS

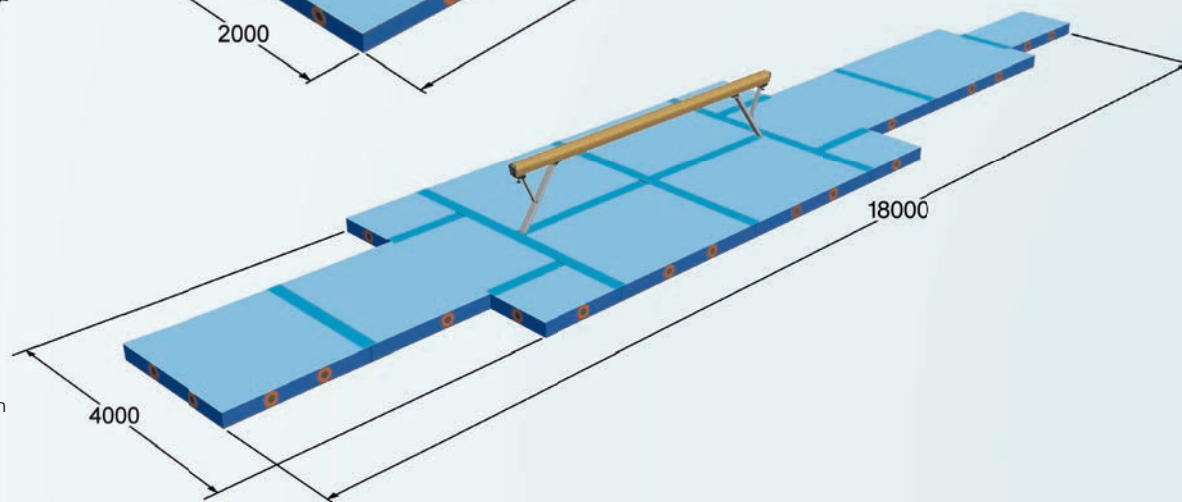
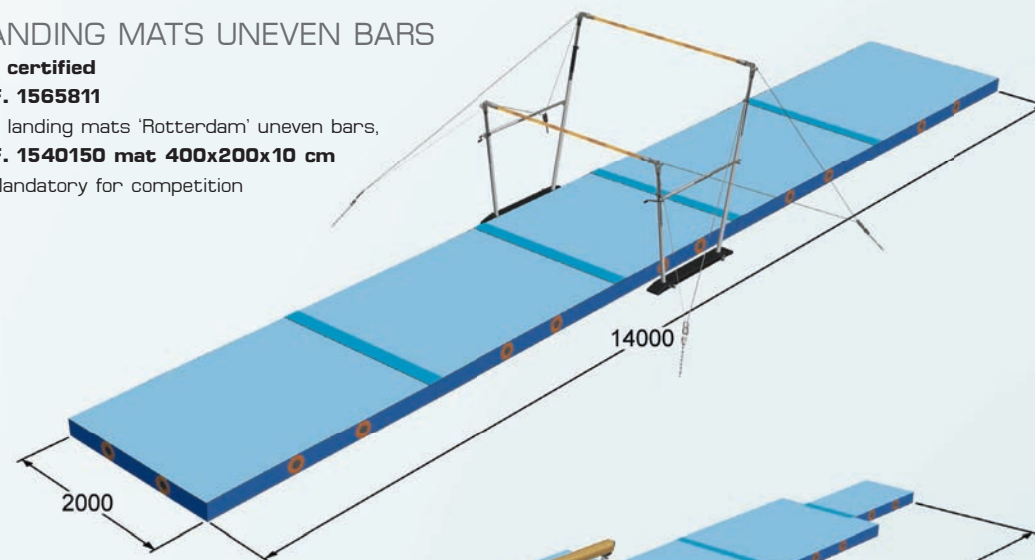
**FIG certified**

**REF. 1565811**

Set landing mats 'Rotterdam' uneven bars,

**REF. 1540150** mat 400x200x10 cm

- Mandatory for competition



### LANDING MATS BALANCE BEAM

**FIG certified**

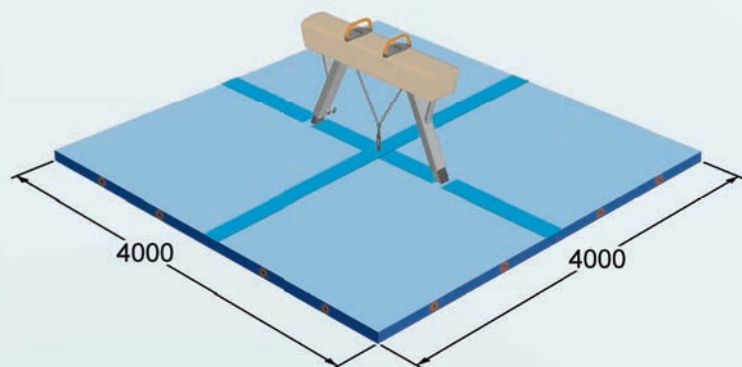
**REF. 1565841**

Set landing mats 'Rotterdam' balance beam

**REF. 1540150** mat 400x200x10 cm

- Mandatory for competition

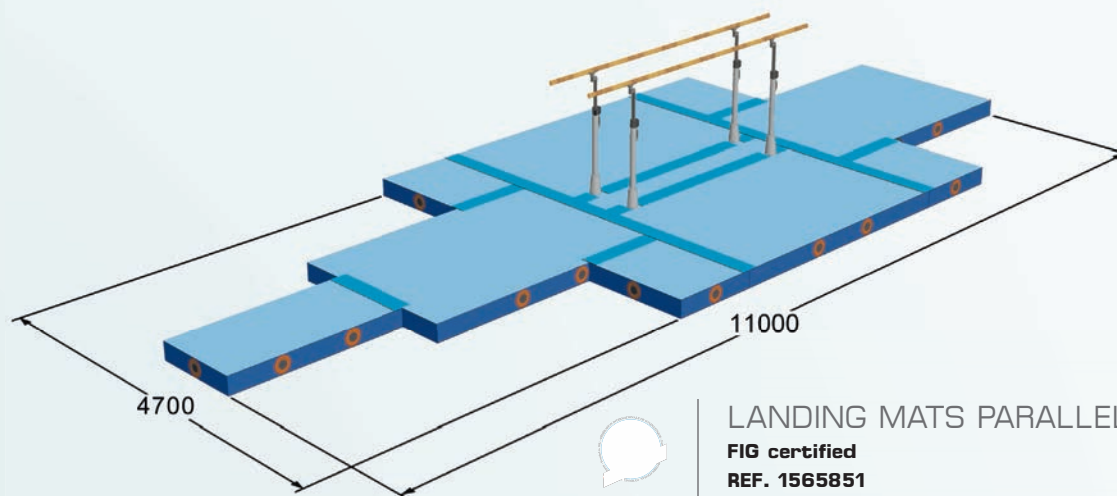




### LANDING MATS POMMEL HORSE

**FIG certified**  
**REF. 1565861**

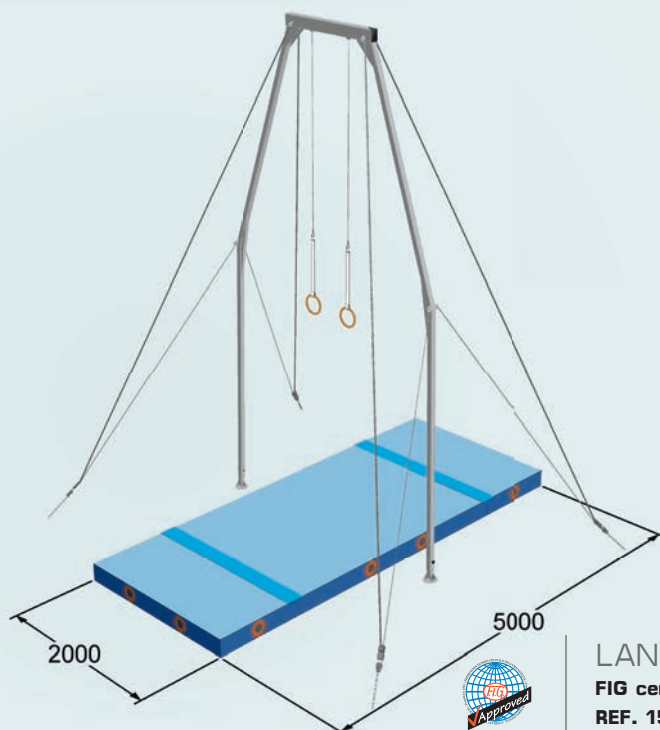
Set landing mats 'Rotterdam' pommel horse



### LANDING MATS PARALLEL BARS

**FIG certified**  
**REF. 1565851**

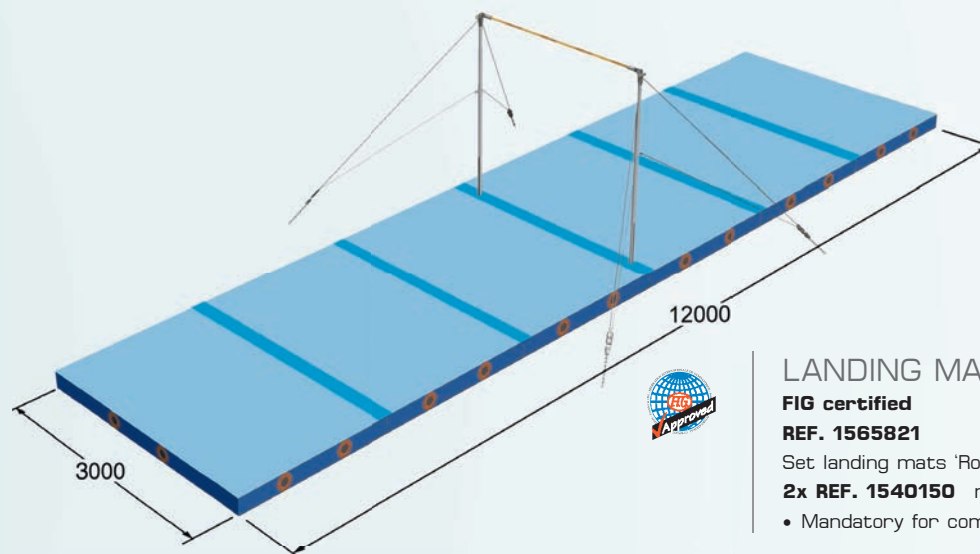
Set landing mats 'Rotterdam' parallel bars



### LANDING MATS RINGS

**FIG certified**  
**REF. 1565831**

Set landing mats 'Rotterdam' rings



### LANDING MATS HORIZONTAL BAR

**FIG certified**  
**REF. 1565821**

Set landing mats 'Rotterdam' horizontal bar

**2x REF. 1540150** mat 400x200x10 cm

- Mandatory for competition

"For more detailed FIG Competition requirements for landing mats visit our website"

FOR FIG-NORMS  
SEE PAGE 43.

For more information please  
contact us.



## COMPETITION LANDING MATS 'ROTTERDAM'

**REF. 2240501** competition landing mat 300x200x20 cm

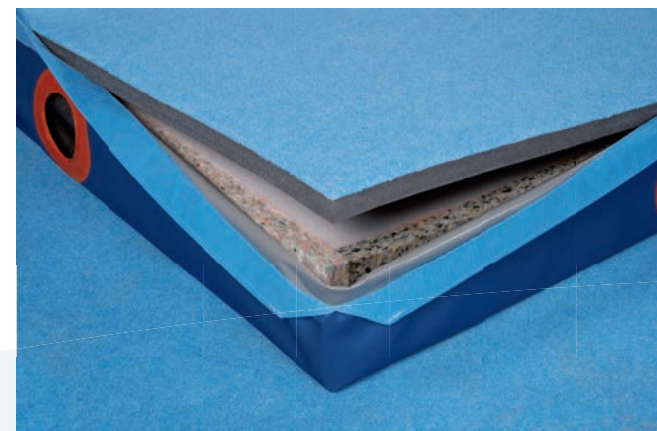
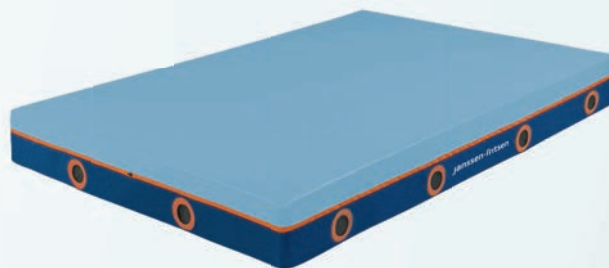
**REF. 2240511** competition landing mat 250x200x20 cm

**REF. 2240521** competition landing mat 200x200x20 cm

**REF. 2240531** competition landing mat 200x100x20 cm

Competition landing mat 'Rotterdam', FIG certified. By using various types of hi-tech foam, in combination with the patented handy-grips, equal damping characteristics are ensured over the whole surface. The microtunnels in the foam in combination with the handy-grips make it possible to have an optimum air outlet regulation. The mat is fully side-stabilized and a newly developed polyester webbing is added between the foam layers. The result is a stable mat with a soft feel which fully meets the FIG landing mat regulations. The hull is made of reinforced washable PVC with an anti-slip base and covered with densely tufted, heat dispersing felt carpet. The handy-grips make it very easy to handle the mat. The mat can be linked in all directions thanks to velcro loop on top of the mat at all 4 sides.

More mats on request  
Our mats are also available in PVC



## HANDY-GRIPS

Handy-grips are not only handy. The grips have a tear resistance 6 times higher than regular mat grips. The air regulating capabilities of the grips come from the combination of the air tunnels in the foam and the netting of the handy-grips. The special netting allows air to flow out freely but at the same time prevents dust from coming inside the foam, thus increasing the life time of the mat.

## SOFT MAT

**REF. 1540170**

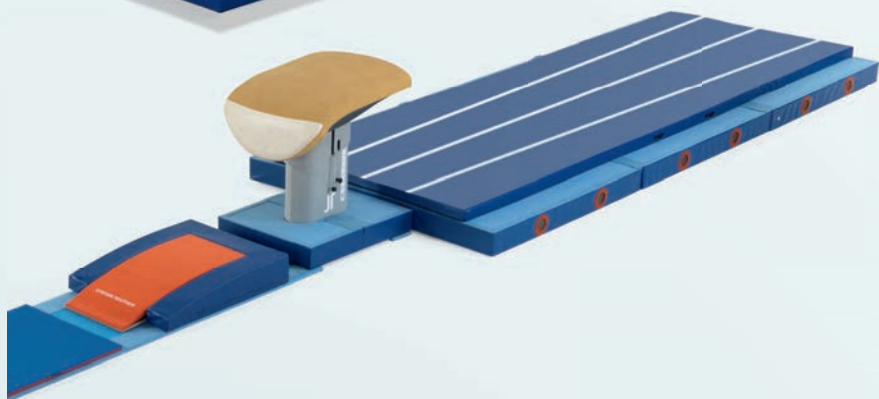
This mat of 300x200x30 cm is a soft crash mat for training purpose. To be used on top of landing mats for additional safety. Core consists of soft hi-tech foam 18 kg/m<sup>3</sup>. Bottom anti-slip, with 8 handy-grips for regulated air outlet and easy transportation. Weight 36 kg.



## SOFT LANDING MATS

- REF. 1540145** 200x200x10 cm  
**REF. 1540146** 200x200x5 cm  
**REF. 1540150** 400x200x10 cm  
**REF. 1540155** 600x200x10 cm  
**REF. 1540160** 600x 200x10 cm with marking for vault landing zone.

Soft landing mat in PVC cover with zip fastener. Available in height of 10 cm. Mandatory at FIG competitions for balance beam, uneven bars and horizontal bar (2x). Allowed and recommended for tumbling and double minitrampoline. Height of 5 cm for training purposes.



## SAFETY SPOTTER MAT

**REF. 1540509**

200x100x12 cm

- Reduces impact
- With soft filling
- Two handles on one side of the mat
- Compact and easy to handle



NEW

## SOFT TRAINING MAT FLOOR

**REF. 1540610**

- Ideal for diagonal acrobatic series
- Increased safety
- Velcro to prevent mat from sliding
- Dimensions: 375x133x3 cm



NEW

## TRAMPOLINE SPOTTER MAT

**REF. 1495289**

Safety throw mat for trampoline, 125x175x14 cm

- Compulsory for competitions
- A must for training
- Throw mat for trainers
- Reduces the peak loads
- Increases safety





## MAGNESIA

**REF. 1389135**

Pack of 8 magnesium blocks, total approx. 450 g

- Box of 8 wrapped blocks
- Structure and composition specifically for gymnastics



## MAGNESIA STAND 'ATHENS'

**REF. 1389154**

With sturdy base and ergonomic basin

- Prevents spillage of magnesium powder
- With useful platform on the back
- Used during the Olympic Games in Beijing

## MAGNESIA STAND CHARLEROI

**REF. 1389114**

Special shaped plastic bowl on epoxy-coated metal support. Height 95 cm. Not illustrated

## MOVABLE SCOREBOARD

**REF. 1730424**

- Height adjustable
- Non-marking castors
- Impact-proof epoxy coated
- Numbers easy to adjust
- Clearly readable numbers (24 cm high)



## EXTENSION

**REF. 1730408**

Fits the mobile scoreboard with 5 numbers

- Easy to mount
- Numbers easy to adjust
- Clearly readable numbers
- Number height 24 cm

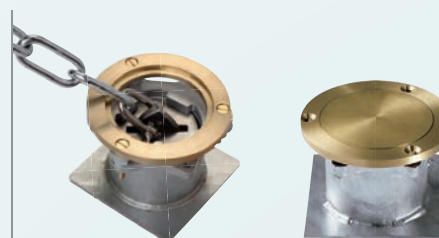


## MAGNESIA HOLDER FOR FEET

**REF. 1389160**

Used in vaulting and floor exercises

- Prevents soiling of your sports facilities
- Reduces use of magnesium
- With velcro for fixation
- With raised sides
- 50 x 50 cm



## FLOOR ANCHOR

**REF. 1384121**

This swivelling anchor (360 degrees) has been especially designed to absorb the forces of all our competition and training equipment. Including a brass ring and lid. Detailed mounting instructions will be supplied on request.

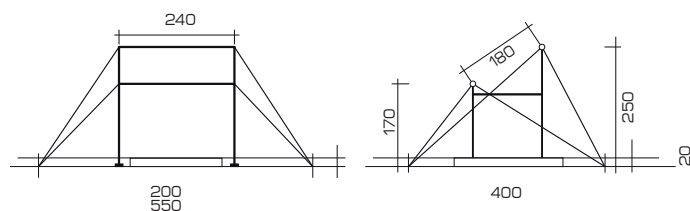


## ANCHOR FLOOR PLATE

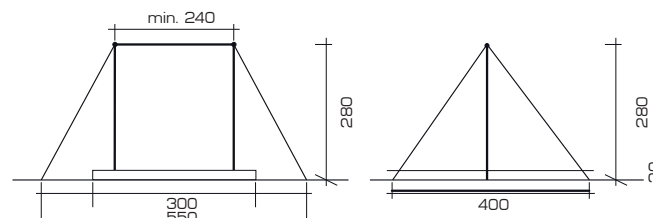
**REF. 1384144**

Steel anchor plate with a welded eye to which the tension cables can be fixed. Detailed mounting instructions will be supplied on request.

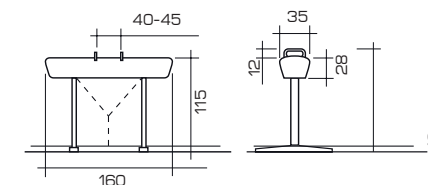
UNEVEN BARS



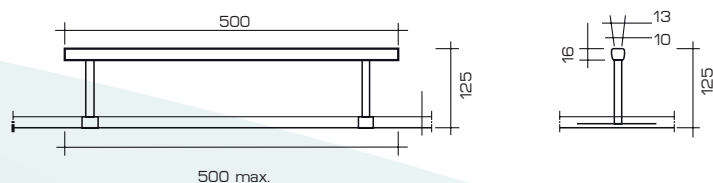
HORIZONTAL BAR



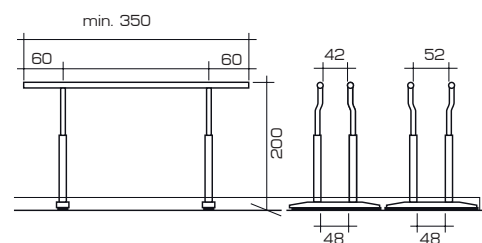
POMMEL HORSE



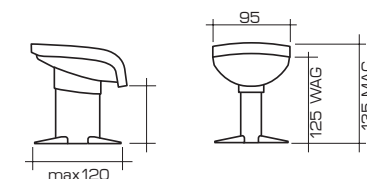
BALANCE BEAM



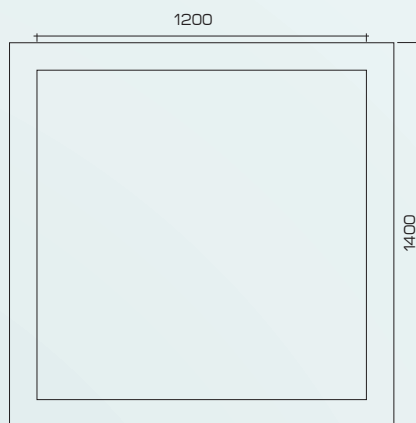
PARALLEL BARS



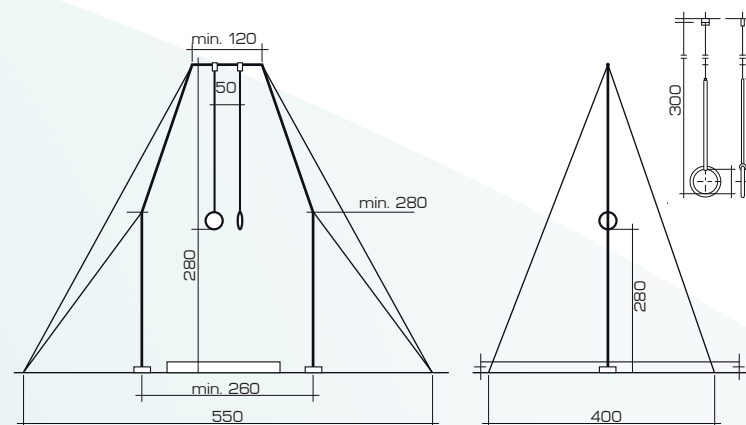
VAULT



FLOOR



RINGS







## HANDSTAND SWING

**REF. 1384164**

Training aid for rings handstand

- Next phase to follow the wooden handstand aids
- Grips in correct position for rings
- For perfecting the stance
- Simple correction by trainer
- Moves in 1 direction



*Lateral movement only with hands in the right position.*

## HANDSTAND BOWL

**REF. 1384168**

Practice bowl for rings handstand

- Next phase to follow the handstand swing
- Moves in all directions
- Grips in correct position for rings
- For perfecting the stance
- Simple correction by trainer



*Movement in all directions, to train equilibrium and muscle build up.*



*Independent hand movement to all sides, training equilibrium and muscle build up.*

## HANDSTAND TRAINING AIDS

**REF. 1403150** per pair 40 cm

**REF. 1403160** per pair 90 cm

- Rounded edges
- Essential for handstand practice
- For asymmetric bars and parallel bars
- Simple to use everywhere



## HANDSTAND BOWLS

**REF. 1384174** per pair

Pair of practice bowls for rings handstand

- Independent hand movement
- Simulation of rings movement
- For perfecting the stance
- Simple correction by trainer
- Can be fixed in place using rubber rings

**REF. 1720360** per piece

Foam rubber gymnastics ring

- Soft rubber
- Sturdy
- Stable





### SET OF RINGS

**REF. 1384175** per pair

Wooden rings

- With strap to hang into the rails of men's bar
- Ideal for methodic training
- Straps can be adjusted in height
- Can be used with wall bars support



### HORIZONTAL BAR SUPPORTS

**REF. 1384080**

Pair of supports for horizontal bar or asymmetric bars 40 cm high

- With quick fastener
- Very stable foot
- Full PU cover
- Easy to move around
- For use anywhere in the gym

**REF. 4140705** steel bar for horizontal bar supports

**REF. 2202205** fiberglass rail for horizontal bar supports

### WALL BARS SUPPORT

**REF. 1403234**

Foldable support to supplement wall bars exercises

- Fits every type of wall bars
- Suitable for pull-up exercises
- For use with set of rings
- Easy to store away
- Ideal for methodic training



### FLIC-FLAC-TRAINER

**REF. 1540321**

Elliptic methodical training device made of special lightweight foam

- Enables training of Flic-Flac and rollover movements
- Independent use through learners is possible
- Frequent repetitions without any problems
- Facilitates and eases the assistance for coaches
- Size 75x75x75 cm



### THOMAS FLAIR APPLIANCE

**REF. 1403210**

Training aid for learning the Thomas Flair

- With swivels and pulleys
- Helps to achieve the right movement
- Adjustable foot loops
- Width adjustable
- Can be hung anywhere



### POMMEL STIRRUP

**REF. 1403204**

Double leg circles trainer

- Training aid for learning leg moves
- Plank with bearings
- With heel support and velcro
- Feet always in the right position
- To be used with mushroom



## EXTRA SOFT CRASH MAT, 70 CM

**REF. 1569600** stretch cover – 200x150x70cm

**REF. 1569605** stretch cover – 350x200x70cm

**REF. 1569620** bisonyl cover – 200x100x70cm

**REF. 1569625** bisonyl cover – 350x200x70cm

Same basic structure as a landing pit, with foam beams and air pockets. Ideal for halls without a landing pit or for creating additional elevated landing areas. The construction allows the blocks to be handled easily. With anti-slip bottom and sides with netting for rapid air outlet. Covered with soft stretch fabric or bisonyl.



**REF. 1569600**



**REF. 1569620**



*Open landing pit system*



*Combination vault at pit*



*Pit for exercise bar*

FOR MORE INFORMATION ON LANDING PITS,

Please contact our export department





Trainingscentre Sydney

## BELT

### REF. 1760330

Fifty-fifty belt without ring 22 - 32 cm

- For use in Fifty-fifty device
- Without metal ring
- Wide belt with quick fastener
- 2 removable leg straps



## SOMERSAULT BELT

**REF. 1760320** Junior belt ø 30 cm, 65 - 90 cm

**REF. 1760321** Senior belt ø 38 cm, 80 - 110 cm

- Rotating in the transversal axis
- Smooth ball bearings
- Wide belt with quick fastener
- 2 removable leg straps



## TRAINER SUPPORT

**REF. 1540184** 90x75x60 cm

**REF. 1540188** 75x45x60 cm

Washable Bisonyl

- Easy to move around
- Useful as step-up block
- Can be used as a trainer platform
- Can be used in 3 positions



## SCREW SOMERSAULT BELT

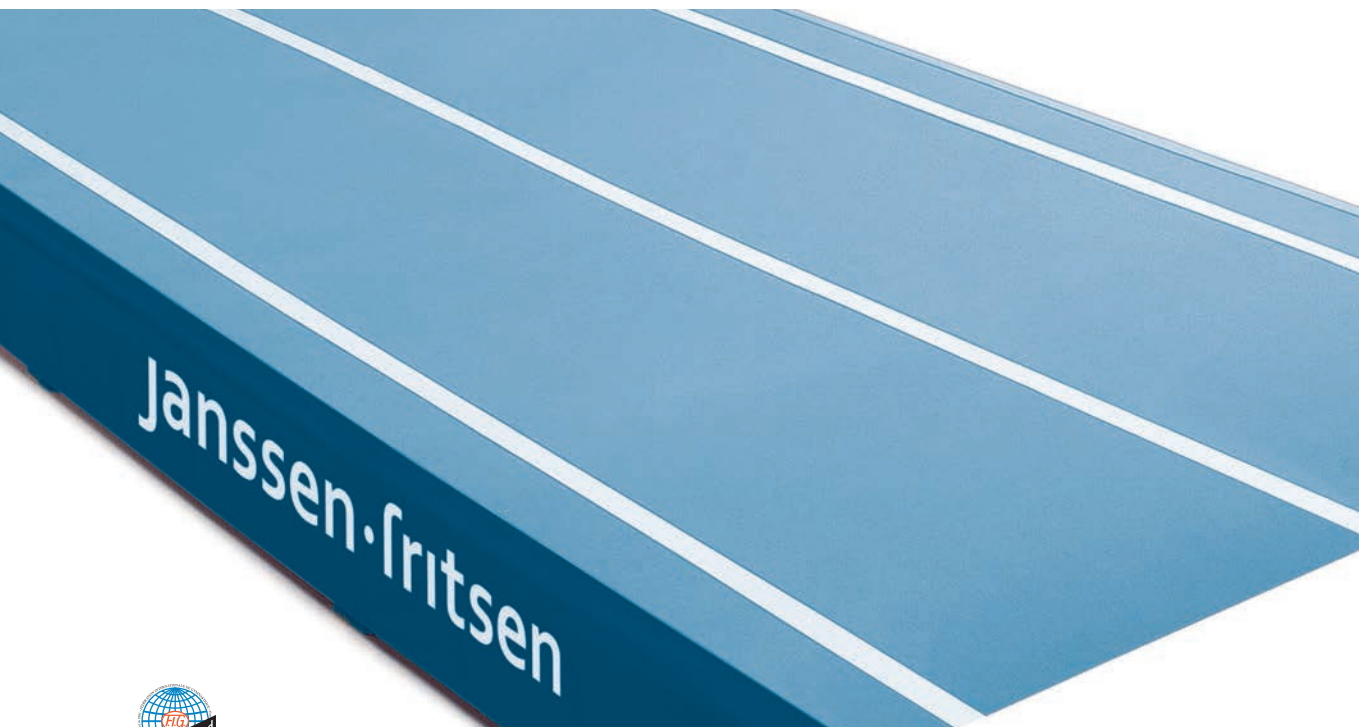
**REF. 1760325** Junior belt ø 30 cm, 65 - 90 cm

**REF. 1760326** Senior belt ø 38 cm, 80 - 108 cm

- Twisting through both axes
- Smooth ball bearings
- Wide belt with quick fastener
- 2 removable leg straps







### TUMBLING TRACK 'EINDHOVEN II'

**REF. 1790200**

**FIG certified**

Newest development of the competition tumbling track. Solid steel frame with glass-fibre rods and plastic adapters for better pressure distribution, consisting of 21 elements of 121 x 200 cm each. Covered with multi-layer, overlapping floor exercise mat "TRIFLEX" with integrated grid material providing additional protection and durability of mat. Total length of tumbling track 25,41 m.

The ideally matched materials cause highest elasticity and reduce the arising power peaks at most.

Particularly suited as a training track for training centres.

Other lengths available upon request.

**REF. 2204040** Run up track

**REF. 2204045** Landing zone

### TUMBLING TRACK

**REF. 1790250**

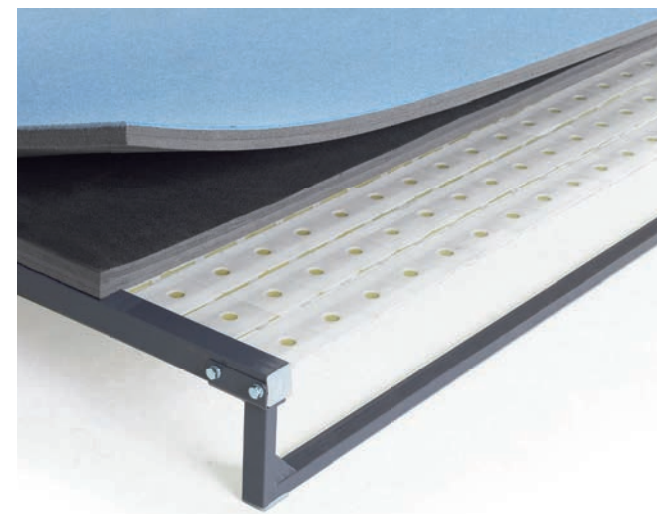
**including run-up track and landingzone**

The total length of the track, run-up and landing area is 42,39 m. Consisting of:

A tumbling zone of 25,41 m, composed of 21 dynamic steel sections of 121x200 cm with rectangular fibreglass rods with pressure dividers. Each section rests on rubber feet. The rods are suspended in rubber casings in order to lower the noise level. The sections are linked together with bolts and nuts. Wooden run-up of 10,98 m.

Landing area of 6 m, bottom anti-slip.

The entire track is covered with a three-layer foam and carpet composition of 80 mm giving this track its extraordinary fast rebound properties. Including white velcro for demarcation of the track and landing area. For training halls we offer a reduced length track.



## TUMBLING TRACK 'ANTWERP'

**REF. 1790760** 18 m

Tumbling track 'Antwerp'-15 elements

With new spring technology and excellent dynamics

- New "Spring and Security System" guarantees an optimal rebound
- High performance base with tension straps to lock the sections
- High quality foam layer for a fast response and the best landing comfort
- Height 20 cm and connectable with our Apollo Antwerp floor for a perfect integration in training halls
- Suitable for all ages and levels of gymnasts
- Also available in

**Ref. 1790762** 12 m

**Ref. 1790770** 14 m



## TROLLEY SYSTEM FOR TUMBLING TRACK

**Art. 1590055** Trolley for rollable mat (A)

**Art. 1590050** Trolley for 15 pcs floor elements "Antwerp" with storage system (B)

**Art. 1522178** Trolley for puzzle shaped foam pieces (C).

Please always store the elements in an upright position

## ROLLABLE FLEXIROLL FLOOR MATS

**REF. 3900304** 600x200x4 cm

**REF. 3900306** 1200x200x4 cm

**REF. 3900307** 1400x200x4 cm

**REF. 3900303** 2000x200x4 cm

- Roll up without turning over
- Quick fitting and removal
- No roll-up core is needed anymore
- High absorption 40 mm thick



## AIR TRACK PRO SUPERIOR

**REF. 1740925** size 15x2x0,2 m

**REF. 1740926** size 10x2x0,2 m

The air track Superior is super silent thanks to glued and sealed seams. A versatile, flat track, ideal for every club with recreational or starting gymnasts.



## TRANSPORT TROLLEY

**REF. 1522164**

For transport and storage of an air track

- Foldable handle
- No need to lift air track
- Extends life of air track
- Handle locks wheels
- 2 castors and 2 fixed wheels



## MINIBLOWER AIRTRACK

**REF. 1740076**

Compact blower for air track 2.5 m³ / 180 mbar.

- Rapid inflation and deflation
- Easy to transport
- Fitted with a thermal cut-out
- Lightweight
- Recommended 2 blowers for one airtrack



## BLOWER

**REF. 1740070**

Flight case with adjustable air track blower

- Easy to transport
- Very quiet
- Inflates air track super-fast
- Pressure can be regulated from 0 to 100
- Activates automatically and keeps track at the selected pressure



## MANOMETER

**REF. 1740110**

For use with Mini-blower 1740076

- Clear display of pressure
- Always the right rebound
- For air track and air products





## MINIBLOWER AIR PRODUCTS

**REF. 1740115**

Compact blower for air products

- Rapid inflation and deflation
- Easy to transport
- Fitted with a thermal cut-out
- Lightweight
- Adapter for Air Products included



## CONNECTION KIT AIR PRODUCTS

**REF. 1740590**

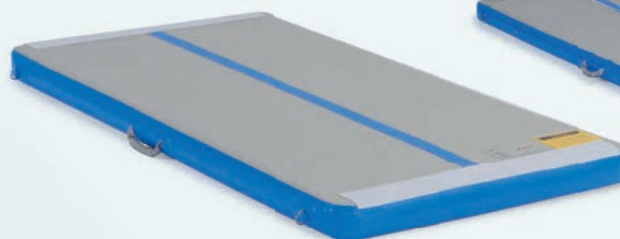
- To connect 2 air products
- Strips with velcro bottom and bisonyl top
- 2 strips of 85x23 cm and 1 strip of 180x23 cm
- 2 lashing straps for e.g. fixing the Airmat Impuls Board to a springboard or a vaulting table



## AIRMAT IMPULS INCLINE

**REF. 1740521** size 120x90x30 - 10cm

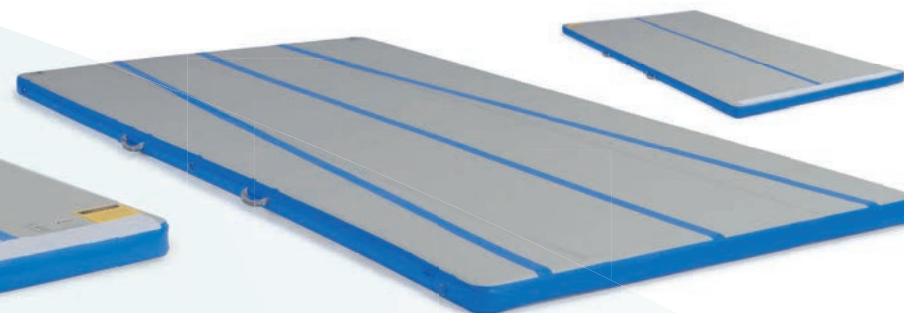
- Comfortable training for jumps, floor exercises, uneven bars and parallel bars
- Can be inflated in a few seconds, with adjustable pressure level
- Easier on joints, so you can practise more often
- The lines make it clear to both gymnast and trainer where correction is needed
- For beginners and top gymnasts
- Suitable for jumps and handspring exercises



## AIRMAT IMPULS FLOOR – SHORT

**REF. 1740511** size 200x100x10cm

- Teaching aid (for e.g. balance beam) and provides greater comfort for floor exercises
- Can be inflated in a few seconds, with adjustable pressure level
- Easier on joints, so you can practise more often
- The orientation lines make it clear to both gymnast and trainer where correction is needed
- For beginners and top gymnasts
- Suitable for jumps and handspring exercises



## AIRMAT IMPULS FLOOR – LONG

**REF. 1740510** size 400x100x10cm

- Teaching aid (for e.g. balance beam) and provides greater comfort for floor exercises
- Can be inflated in a few seconds, with adjustable pressure level
- Easier on joints, so you can practise more often
- The orientation lines make it clear to both gymnast and trainer where correction is needed
- For beginners and top gymnasts
- Ideal for vault exercises
- Suitable for jumps and handspring exercises





### AIRMAT IMPULS CYLINDER

**REF. 1740520** size Ø 80x100cm

- For learning various acrobatic exercises
- Can be inflated in a few seconds, with adjustable pressure level
- Can be secured with elasticated cords
- Can also be used with other equipment (e.g. for workouts)
- For beginners and top gymnasts
- Limited storage space
- Suitable for jumps and handspring exercises



### AIRMAT IMPULS BOARD

**REF. 1740501**

- More comfortable training and greater rebound for young and lighter gymnasts
- Can be inflated in a few seconds, with adjustable pressure level
- Easier on joints, so you can practise more often
- The lines make it clear to both gymnast and trainer where correction is needed
- For beginners and top gymnasts
- Suitable for jumps and handspring exercises



### AIRMAT IMPULS SQUARE

**REF. 1740500** size 100x100x10cm

- Comfortable training for jumps and floor exercises
- Can be inflated in a few seconds, with adjustable pressure level
- Easier on joints, so you can practise more often
- The lines make it clear to both gymnast and trainer where correction is needed
- For beginners and top gymnasts
- Suitable for jumps and handspring exercises



## RG CARPET

### REF. 1790281

RG carpet 14x14 metres  
(3 mats of 14x4 m, 1 mat of 14x2 m).  
Complete with demarcation tape.

### REF. 1790286

RG carpet 16x16 metres  
(4 mats of 16x4 m).  
Complete with demarcation tape.

Due to a better presentation to spectators and for TV broadcasting we do recommend to use the RG floor of 16x16 m at competitions.

**For RG material please contact our export department**



## RG COMPETITION FLOOR

### REF. 1790280, 1790290

#### FIG certified

Official RG floor at the Olympic Games 2004 in Athens and 2008 in Beijing! 14x14 m floor with shock absorbing base construction consisting of 121 sections, each 124x124 cm, and covering equalizing plates fixed together by means of velcro. Special foam elements provide superior shock absorption. Extremely smooth, antistatic, top quality RG super velour carpet with great shearing resistance ensures optimal training and competition conditions. The scope of supply includes red tape to mark the competition area of 13x13 m and double-sided glue tape to fix the RG carpet. Alternatively available with carpet of 14x14 m or 16x16 m and in colour savanna-beige.

**REF. 1790280** 14x14 m

**REF. 1790290** 16x16 m



**REF. 2511232** Per pair  
Trolleys for RG Carpet



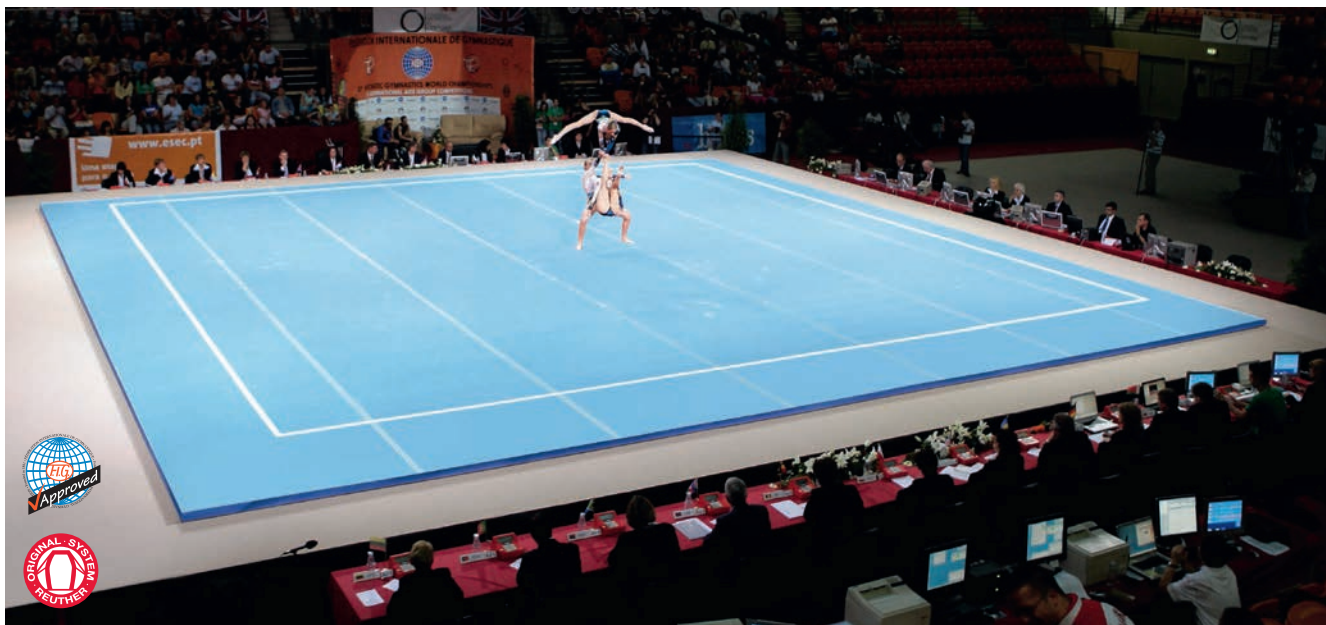
## FREE EXERCISE FLOOR 'ANTWERP'

**REF. 1790750**

**FIG certified**

The free exercise floor 'Antwerp' features a very high resilience and short reaction time. These are the requirements to perform difficult elements.

At the same time an optimal shock absorption during landings should be achieved, that to a great extent prevents injuries and provides safety despite increasing loads. It's a great challenge for all manufacturers of the gymnastic apparatus to find the balance between these parameters.



### Dynamics:

- A new spring system guarantees an optimal rebound
- The high performance base of 12x12 m offers increased comfort
- A high quality foam layer for a fast response

### Security:

- High quality finished water resistant coated plywood (FSC)
- Resilient coupling strips, improved tongue and groove system, together with a system of 24 tension straps to lock the sections
- An intermediate layer of high quality foam provides progressive absorption qualities and guarantees the best comfort at landings
- Height 20 cm for a perfect integration in training halls. Perfectly suitable for all ages and levels

A new product with exceptional rebound characteristics on the entire surface that allows all gymnasts to always find optimal conditions

### TECHNICAL DETAILS:

#### Dimensions:

- 14x14 m, dynamic surface
- Competition area: 12x12 m
- Height 20 cm

## AEROBIC FLOOR

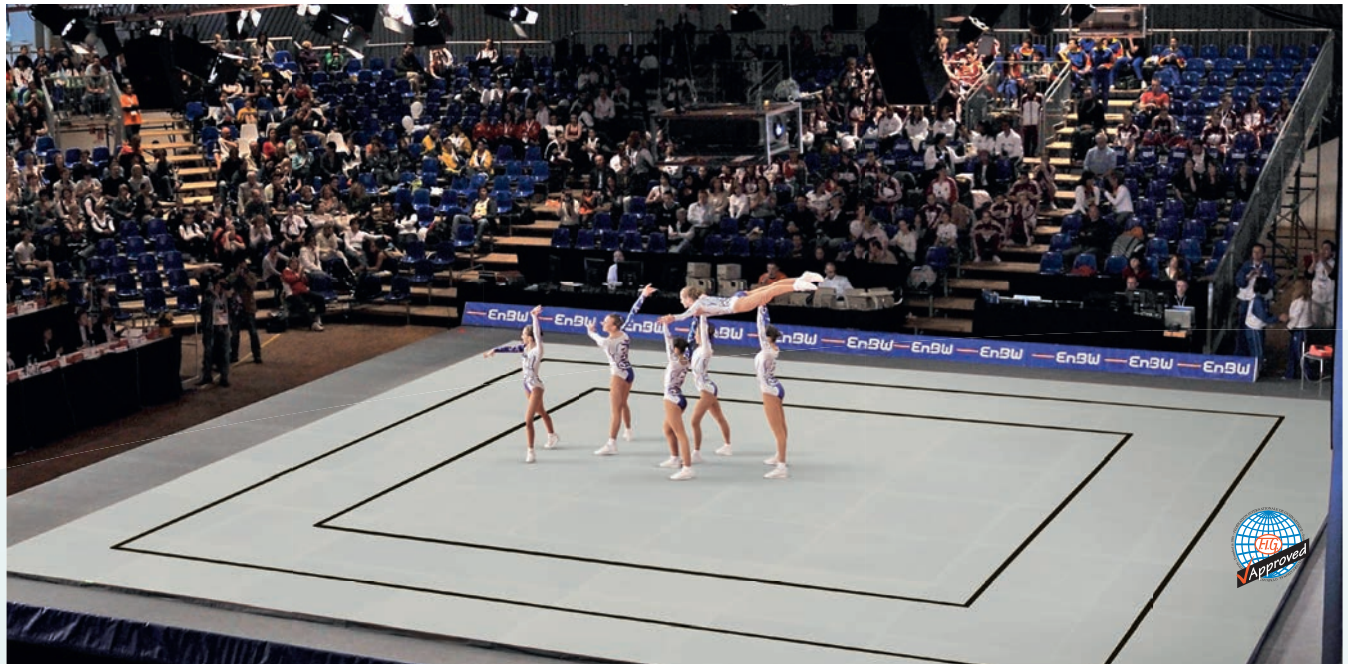
**REF. 1790560**

**FIG certified**

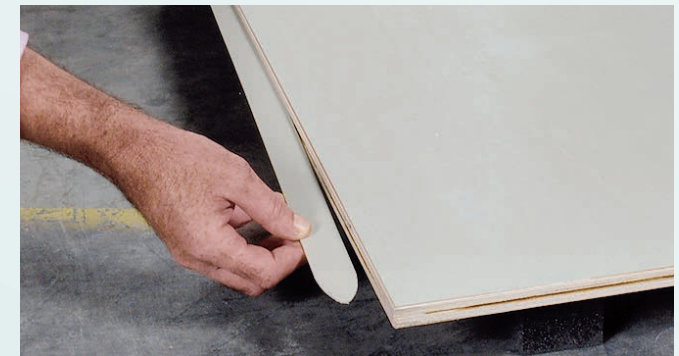
The Janssen-Fritsen aerobic floor is an advanced development of the previous aerobic floor and meets the highest requirements for high level competition and training. The active spring force and cushioning are coordinated in such a way that they provide superior shock absorption and extra wrist protection consequently. The basic plates with spring elements are connected by means of flexible lamels made of reinforced polypropylene ensuring an easy and quick installation. The aerobic floor consists of 50 multi-layer high pressure glued wooden plates (each 240x120 cm) with a top layer developed especially for Aerobics. The construction is held by tensioning belts preventing floor from shifting. Outstanding dynamics and attractive design! Total size 12x12 m, height 7,5 cm. Including marking tape.

Since wood is a natural product, the aerobic floor may slightly vary in colour.

Suitable for tv recordings because of non reflecting surface.



*Excellent rebound and homogeneity. Fantastic surface.*



*Easy to install and store.*





## LANDING AREA

### REF. 1565900

Set safety landing mats, for 1 Ultimate trampoline competition set-up.

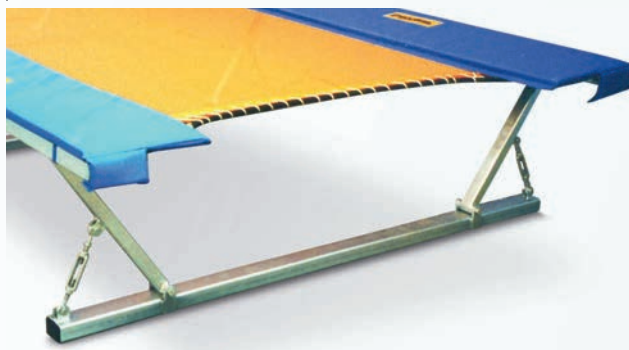
### REF. 1565910

Set safety landing mats, for 2 Ultimate trampolines competition set-up.

## TRAMPOLINE TRACK

### REF. 1495000

With high rebound performance, for a permanent installation in training centres. The rebound effect and cushioning are co-ordinated in such a way that they provide a superior wrist protection. Re-adjustable springs. Ideal as training track for acrobatic elements. Length and width per element 2x2 m. Various lengths possible.



## DOUBLE MINITRAMP 'ULTIMATE'

### REF. 1495022

#### FIG certified

- The frame is constructed from oval steel tube, it is galvanised and foldable. Size of frame 350x190x70 cm. Size of bed 292x92 cm, with 6x6 high performance jumping bed and attached to the frame by 102 steel springs. The trampoline is provided with blue safety padding which covers the frame and springs. With rubber floor protectors. Total weight 152 kg. Including one pair of roller stands.

## ULTIMATE

### REF. 1495023

#### FIG certified

- Trampoline Ultimate 4x4
- Frame 530x305x115 cm, jumping bed 426x213 cm made of 4x4 mm nylon strands and stitched-in anchor bars, 118 steel springs, 32 mm frame pads foldable, with lifting roller stands

### REF. 1495223

- Set of two safety platforms Ultimate (safety mats to be ordered separately)
- Supplementary frames designed to fit at the short ends of a full size Ultimate trampoline, offering additional safety and confidence of spotting at trampoline level. Steel frame construction with elastic stringing

### REF. 1495224

- Safety mat set Ultimate. Consisting of 2 mats of 300x200x20 cm, each with a detachable wedge of 300x40x20 cm. To be used together with 1495223

### REF. 1495025

- Jumping bed for Ultimate, 426x213 cm with 4x4 mm nylon webbing, complete with anchor bars

### REF. 1495289

- Secure mat





### TRAMPOLINE SPRINGBOARD

**REF. 1411331**

The equipment to learn vaulting on a springboard

- Spring board with springs and jumping bed similar to mini-trampoline
- Main goal is to make the transition from mini trampoline to competition springboard an easier one
- Can be used as a springboard
- Max 60 kg



FOR MORE INFORMATION PLEASE  
ASK FOR OUR DETAILED PRODUCT  
INFO SHEETS.



### JANSSEN-FRITSEN MINITRAMP

**REF. 1411811**

With handy castors

- Frame 115x115 cm, bed 60x60 cm
- Height adjustable and can be fitted horizontally
- Sturdy washable protective pad
- Easily movable
- No protruding parts
- Hardwearing rubber floor protectors
- For intensive school use

### MINITRAMPOLINE

**REF. 1411020**

- Frame 112x112 cm, bed 60x60 cm
- Galvanised metal frame
- Height and angle adjustable
- Foldable
- With closed protective pad over frame and springs
- Including floor protectors

### MINITRAMPOLINE SUPER

**REF. 1411025**

- Frame 125x125 cm, bed 70x70 cm
- Galvanised metal frame
- Height and angle adjustable
- Foldable
- With closed protective pad over frame and springs
- Including floor protectors



### MINITRAMPOLINE OPEN-END

**REF. 1411010**

Classic model

- Frame 120x120 cm, bed 60x70 cm
- No metal frame on the short sides
- Foldable and height adjustable
- For secondary schools and clubs
- Foldable and height adjustable
- Castors separately available (1411015)

### MINITRAMPOLINE TEAMGYM

**REF. 1411050**

- A springboard trampoline for top-level sport, high-performance acrobatics, show groups
- Shock absorbing and stable frame pads
- Particularly high stability and durability
- Extraordinary performance
- Jumping bed (60 x 60 cm) made of 6 mm wide nylon strands
- Flat-oval steel frame 125x130 cm made of special galvanized steel
- Adjustable in height 23,7 - 28,5 cm
- 36 steel springs (length 185 mm, Ø 32 mm) galvanized



The Janssen-Fritsen Just For kids programme aims to provide the youngest with apparatuses adjusted to their needs. The modular system 'Just For kids' offers a lot of outstanding advantages to the children gymnastics such as simplicity, variety of applications and adaptability. All modules can be easily and quickly adjusted and varied in different ways, so that versatile creative exercise areas can be built up.

**'Just For kids' system enables children to:**

- Experience new movements
- Develop the sense of balance and perception of own body
- Increase the physical activity by playing
- Advance conditional and coordination capabilities
- Get self-confidence due to readiness for risk
- Put own playing idea into practice by variation of modules
- Coordinate oneself with the play partners

just for **kids**



Special catalogue available on request and on our website,







### MINI-HORIZONTAL BAR 'JUST FOR KIDS'

**REF. 1403424**

- Can be combined with other JFk equipment
- Height adjustable
- Base supports 2 metres long
- Simple to adjust



### MINI-PARALLEL BARS 'JUST FOR KIDS'

**REF. 1403434**

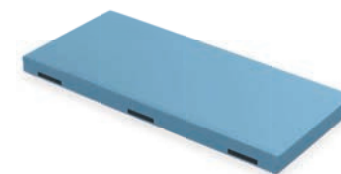
- Can be combined with other JFk equipment
- Base supports 2 metres long
- Simple to adjust
- Height adjustable 85 to 125 cm



### MINI-STILL RING FRAME 'JUST FOR KIDS'

**REF. 1403444**

- Can be combined with other JFk equipment
- Height adjustable from 195 to 220 cm
- Base supports 2 metres long
- Simple to adjust



### MAT FOR 'JUST FOR KIDS' EQUIPMENT,

**REF. 1403464**

300x135x18 cm.

- For use under any type of equipment
- Hygienic, washable
- PVC cover with zip fastener



### MINI-UNEVEN BARS 'JUST FOR KIDS'

**REF. 1403454**

- Can be combined with other JFk equipment
- Height adjustable
- Base supports 2 metres long
- Simple to adjust.



### DOUBLE REBOUNDER 'JUST FOR KIDS'

**REF. 1403414**

- 1 bar and two rebound elastic cords
- Methodic equipment for boys and girls
- Handstand posture
- High frequency, low impact
- Strengthening of abdominal and back muscles



### FOUR-STATION FRAME 'JUST FOR KIDS'

**REF. 1403458**

JFk frame with Mini bars, rings, uneven and parallel bars

- JFk combi module
- All pieces of equipment in one
- A complete circuit
- Space saving
- Total surface area 4x4 metres



Janssen-Fritsen is best known for the outstanding properties of our competition and training equipment. This equipment is being developed in our own Research & Development department with the input of scientific institutions and world-renowned coaches and athletes. However, even the best equipment cannot be used properly unless it has been installed in the right way and at the right place. Also here we have our own in-house specialists. If you plan to build or renovate your hall, contact us in a stage as early as the planning phase. Our specialists will use their experience to your advantage to prepare the installation of equipment in the overall most economic way. Not only do we advise you about the layout you planned for your club but also on auxiliary constructions, which can be built in when constructing the hall, thus reducing total costs considerably. We will also assist you in finding the right balance between the equipment, which you wish to have in your gym in combination with your budget and the planned utilisation of your hall. An experienced technician team will come to you to built in the equipment. In short, we will assist you in reaching an optimal gym with minimal long-term costs, that meets your specific demands.

Please contact us and we will find an individual solution.



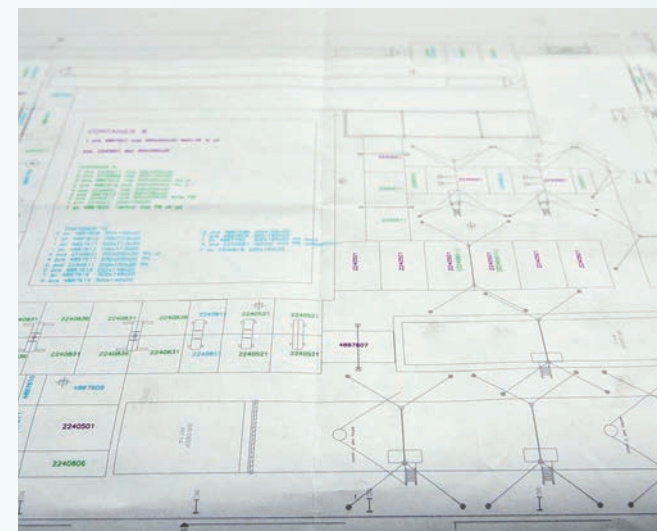
*Motivated crew*



*Trampoline hall*



*Top Gymnastics Hall Sydney, Australia*



*Extensive preparations by our project supervisors*



## PROJECTS

From small gyms to world's largest gymnastics venues, we can be of service with all your projects. We would like to invite you to contact us as early as possible, as this can result in major advantages in terms of cost saving and construction benefits.



Impression of Gymnastics Hall in Sydney, Australia







## COMPETITION PODIUM

### REF. 1830000

Modern and stable, meeting FIG requirements

Constructed of modular steel frames (122x244 cm)

Supplied with stairs and anchorage points for counterweight systems.

Approx. 1096 m<sup>2</sup> in total surface area.

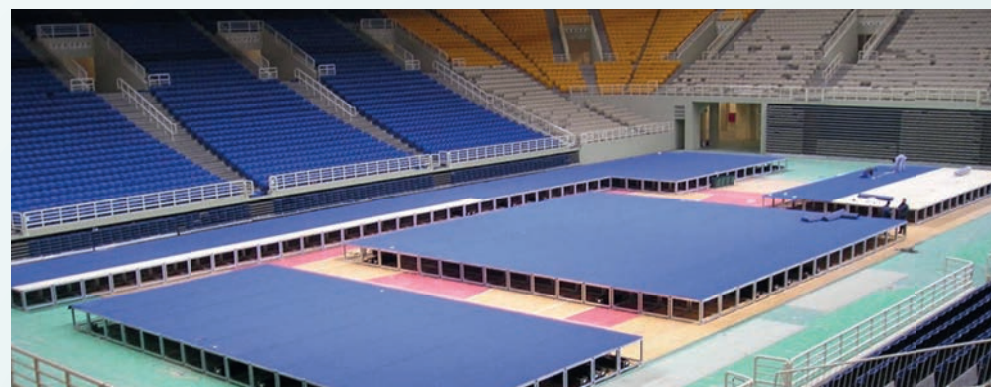
Very suitable for TV broadcasts.

Greater equipment elasticity.

More pleasing presentation of athletes and equipment

The competition podium has featured at a number of World Championships and is recognized by the International Gymnastics Federation.

Are you interested? Please contact us for an individual offer!



<b>Helsinki</b>	2015	15th World Gymnaestrada
<b>Minsk</b>	2015	European Championships RG
<b>Sofia</b>	2014	European Championships ART
<b>Antwerp</b>	2013	World Championships ART
<b>Putian</b>	2012	5th Asian Championships ART
<b>Palembang</b>	2012	3rd Asian Championships AER
<b>Brussels</b>	2012	European Championships WAG
<b>Doha</b>	2011	Arab Games
<b>Palembang</b>	2011	SEA Games
<b>Bucharest</b>	2011	European Championships AER
<b>Forli</b>	2011	World Cup ACRO
<b>Shenzhen</b>	2011	26th Universiade
<b>Palermo, Sicily</b>	2011	Island Games
<b>Guangzhou</b>	2010	Asian Games
<b>Rotterdam</b>	2010	World Championships
<b>Singapore</b>	2010	Youth Olympic Games
<b>Milan</b>	2009	European Championships
<b>Beijing</b>	2008	Olympic Games
<b>Amsterdam</b>	2007	European Championships
<b>Doha</b>	2006	XV Asian Games
<b>Volos</b>	2006	European Championships
<b>Mérida, Táchira</b>	2005	Juegos Andes 2005
<b>Baku</b>	2005	27 <sup>th</sup> World Championships R.G.
<b>Athens</b>	2004	Olympic Games
<b>Amsterdam</b>	2004	European Championships
<b>Hanoi</b>	2003	South East Asian Games

<b>Lisbon</b>	2003	12th World Gymnaestrada
<b>San Salvador</b>	2002	Central American and Caribbean Games
<b>Ghent</b>	2001	World Championships
<b>Ghent</b>	1999	World Championships Acrogym
<b>Amman</b>	1999	Pan Arab Games
<b>Bangkok</b>	1998	Asian Games
<b>Walvisbay</b>	1998	African Championships
<b>Lausanne</b>	1997	World Championships
<b>Asker</b>	1996	European Championships R.G.
<b>Walvisbay</b>	1995	African Games
<b>Charleroi</b>	1995	European Championships
<b>Cairo</b>	1995	4 Continent Games R.G.
<b>Stockholm</b>	1994	European Championships
<b>Barcelona</b>	1992	Olympic Games
<b>Havana</b>	1991	Pan American Games
<b>Amsterdam</b>	1991	World Gymnaestrada
<b>Athens</b>	1990	Mediterranean Games
<b>Stockholm</b>	1989	European Championships
<b>Rotterdam</b>	1987	World Championships
<b>Skien</b>	1975	European Championships
<b>Munich</b>	1972	Olympic Games
<b>Madrid</b>	1971	European Championships
<b>Bogota</b>	1971	Pan American Games
<b>Ljubljana</b>	1970	World Championships
<b>Panama</b>	1969	Central American Games
<b>Mexico City</b>	1968	Olympic Games
<b>Amsterdam</b>	1967	European Championships
<b>Dortmund</b>	1966	World Championships
<b>Antwerp</b>	1965	European Championships

## REMARKS

Janssen-Fritsen does not recommend any modification of the equipment supplied. Should the equipment be modified through improper manipulation, Janssen-Fritsen assumes no responsibility for the damages caused. Any product modifications will negate our responsibility towards product liability.

All tension equipment is supplied without floor anchorage!

Check all floor mountings for proper function, quality and solidity before installing the tension equipment!

Gymnastic equipment and mats have performance limits, and materials wear in a certain period of time. All equipment parts subject to strong wear and tear should be inspected carefully on a regular basis. That particularly concerns securing of a djustable parts and mechanisms, bar rails, rings, etc.

Deliveries are carried out according to the valid FIG-specifications on the day of delivery.

For all our deliveries our general payment and delivery terms are valid in principle. Janssen-Fritsen reserves the right of modification and adjustment of its products. The issue of this catalogue replaces previous documentations.

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Asian  
Gymnastics Union



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Belgian  
Gymnastics Federation



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Gymnastiek Unie  
Royal Dutch  
Gymnastics Union





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